BUY A PIN
cancer.ca/daffodil
Canadian Cancer Society

Lotto MAX
Tonight's Jackpot
$22 million
estimated

Toronto metro

Your essential daily news | WEEKEND, APRIL 10-12, 2015 | High 6°C/Low 2°C Rain

YES, YOU ARE PAYING FOR HIS MAKEUP ARTIST P.14

SEASON OPENER

ARYA READY? YOUR ULTIMATE GAME OF THRONES PRIMER

P.27

Jayna needs $18.52 an hour to survive in T.O.

Jayna Vasanjee, 27, works at a company with a living wage policy. But is her salary enough to raise a family in Toronto? Story, page 10. TORSTAR NEWS SERVICE

Don't take me out to the ball game

BLUE JAYS

Opening day becoming less of a family affair

Gilbert Ngabo
Metro | Toronto

Opening day at the Rogers Centre is increasingly becoming an event for partiers rather than purists, according to some long-time Blue Jays fans.

"I don't remember it being the madness and the drunkenness it is now. It's been a real party," said Jays' stalwart Andrew Stoeten, who's gone to the past 15 home openers in a row.

Stoeten used to be the man behind the Drunk Jays Fans blog, but now, at 34, he says he's fed up with opening day antics. This year, he's opted to pay more to sit in the 100s to avoid the festive atmosphere of the upper bowls.

"If I had kids I probably wouldn't take them opening day," he said. "It's a bit of a mess. Even if there isn't fighting, it's always on the edge."

Blue Jays fan Ian Hunter said he's seen all sorts of unruly behaviour on opening day, from people pouring beer onto fans in the lower seats to full-on fist fights.

"It's chaos," he said.

Asked about inappropriate behaviour on opening day, Blue Jays' spokesman Jay Stenhouse simply said: "we want all fans to enjoy their experience at Rogers Centre."

> **If I had kids, I probably wouldn't take them.**
> Andrew Stoeten

Const. Victor Kwong of Toronto Police said every stadium event in the city is staffed with security and police to quell potential trouble.

"It's not just a Blue Jays thing," he said.

Fans fight at a 2008 Blue Jays game. FLICKR/STEPHEN GARDINER

WANT TO BE THE ONE WHO PAID LESS?

At WIND Mobile you'll get truly Unlimited Plans with Unlimited Data, Talk and Text. And no surprise overages. Check us out.

from $35/mo

WIND true mobile freedom

SAMSUNG Galaxy S6 edge

Learn more at WINDmobile.ca. All unlimited plan features in Canada are from anywhere on our network, otherwise long distance and roaming rates apply. Samsung Galaxy S6 edge is a trademark of Samsung Electronics Canada, Inc. and/or its related entities used with permission. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. WIND, WIND MOBILE, WINDtab and TRUE MOBILE FREEDOM are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by WIND Mobile Corp. © 2015 WIND Mobile

Buying property in the South: why do thousands of Canadians choose Ecuador?

Having created a stir in February by becoming the first foreign country to advertise itself during the Super Bowl, Ecuador has reminded the world that it has all it needs to be appealing to travellers: the Galapagos Islands, the Andes, the Amazon, volcanoes, beaches and the culture of the indigenous people are just a few reasons to visit. Somewhat less known, however, is that more and more Canadians are settling there seasonally or permanently, thanks to a Canadian company established there since 2010: HolaEcuador.

Ecuador...

- **Best country in the world for retirement** *- International Living, 2008-2013, 2015*
- **13th in the world for the effectiveness of healthcare** *– Bloomberg Magazine, 2014*
- **No hurricanes**

COMBINE VACATIONS AND REVENUE…

"I've been thinking about preparing my retirement in the south for years." says Tim Jones. "From the start, what really impressed me with HolaEcuador was that I was **signing a contract with a Canadian company.** I know I'm protected by our laws and everything is done in my own language. It's reassuring. Then, of course, there is the cost of living which is three times lower than in Canada, very affordable properties and the fact that the most beautiful months of the year are January to March, precisely the months during which I want to have my feet in the sand! Throughout the rest of the year, I can easily rent out my house: there are rental management companies on site. **For less than $95,000 US, I have my turnkey house** just a 10 minute walk from the beach in a Canadian community with 24/7 security. In Costa Rica, the same thing would have cost me at least **3 times more!**"

…OR MAKE IT A LIFE PROJECT

When asked about what motivated them to move abroad to Ecuador, Josie and Martin reply, in unison: "the freezing cold!". "And the cost of living," adds Martin. "For us, it was also an opportunity to start a business. We went there to establish contacts and we just fell in love with the country. The people are so friendly and easy-going. With the information given to us by HolaEcuador and by doing a little digging for information ourselves, we plan to take the plunge in the next year. The visa is easy to obtain and if you own a property in Ecuador worth $25,000 US or more, you can apply for permanent residence."

Regardless of the project, HolaEcuador offers three interesting alternatives: fourplex OCEANFRONT condos, turnkey houses with semi-private pool or the purchase of a lot with 5 years to build a custom designed home.

CHOOSE HOLAECUADOR FOR YOUR PROPERTY UNDER THE SUN

YOUR CONDO ALONG THE PACIFIC COAST

Nothing but the sea in sight!

Available in May 2015. Easy to rent.

Be quick... once built, they will be $215,000 US.

YOUR TURNKEY HOUSE

Lot and semi-private pool included!

Models with or without roof terrace. Within a 5 minute walk you have the Pacific Ocean and 12km of beach waiting for you!

YOUR DREAM HOME IN THE SOUTH

You've had this dream for years? Make your project a reality with our custom home design team here in Canada. Lots start at $23,000 US. Contact your local sales representative for details.

FREE INFORMATIONAL SEMINARS ACROSS CANADA: FROM APRIL 19 - 26. **LIMITED SPACE, RESERVE NOW!**

ETOBICOKE
Sun. April 19, 1 p.m.
Holiday Inn Toronto Airport East,
600 Dixon Rd

DOWNTOWN
Mon. April 20, 7 p.m.
Hilton Toronto,
145 Richmond St W

OTHER VENUES IN CANADA
April 15: Winnipeg, MB
April 18: Winnipeg, MB
April 19: Edmonton, AB
April 19: Brossard, QC
April 23: Regina, SK
April 26: Red Deer, AB

Get details and register online at:

Beach Properties
holaecuador.ca
Canadian project in Ecuador

Please register with Robert S. Williams, 647-478-8219

metro NEWS
Your essential daily news

Puppies reporting for police duty. Page 12

‘Today I learned about bombs’

SOCIAL MEDIA

Constable in hot water for over-sharing on Instagram

There was a photo from the morgue, one shot showing him grinning while holding a battering ram to break down a door — “Search warrant!” he wrote as the caption — and no shortage of gun photos, including one marked “G20 Training.”

In Toronto police Const. Garvin Khan’s most recent post on the photo-sharing site Instagram, he appears to be holding part of a bomb. “TODAY I LEARNED ABOUT BOMBS” he wrote beneath the photo, next to a cartoon emoticon of a bomb.

Khan, a 15-year veteran of the Toronto Police Service, posted dozens of photos depicting his training, deployments and shifts on his personal Instagram profile that, until Thursday afternoon, was viewable to anyone online.

Although the officer says he had no intention of glorifying violence and defends his right to capture images of his policing career, Khan’s online activity was referred by the police service to its Professional Standards unit, after a concern about the photos was brought to the Star.

Toronto Police Const. Garvin Khan’s photos on social media site Instagram have been sent to Professional Standards for investigation. In the photos, Khan poses with various guns, takes a photo in the morgue and even during an arrest, though he told Torstar News Service the arrest was not real. INSTAGRAM

> **In the safety of your bathroom mirror, you can flex, tell the girls that you’re in beast mode & to come at you.**
> Const. Garvin Khan, beneath a photo of him with a rifle

Meaghan Gray, a Toronto police spokesperson who provides social media training to officers, said Thursday that allegations of inappropriate online activity by Toronto police on both professional and private accounts are taken “very seriously.”

“Any case involving photos where a person is portrayed as an officer or is in the course of their policing duties must be a professional representation of the Toronto Police Service,” Gray wrote in an email. “Any situation where they are not would be considered by Professional Standards and, if warranted, an investigation would start where (Police Service Act) charges are an option.”

Khan told the Star Thursday he was disheartened to hear that his photos, which he calls “tongue in cheek,” could be considered inappropriate.

“At what point am I not allowed to capture moments in my life? … By no means do I think I promote violence. I would never want to glorify violence. Never.”

Khan said his photos show he is an enthusiastic officer who recognizes the “cool factor” of some parts of police training.

Khan conceded some of his photos may be viewed as typically “masculine.” Underneath one photo of him holding a rifle in front of a graffiti-covered wall, Khan wrote: “In the safety of your bathroom mirror, you can flex, tell the girls that you’re in beast mode & to come at you. But you wouldn’t say that to a man. Because boy, that man will come at you. Bro.”

> **It has witnessed the evils of man & stood strong beside the good as they prevailed. Always faithful. IN GLOCK WE TRUST.**
> Const. Garvin Khan, beneath a photo of a handgun

Beneath a shot of his handgun, he wrote: “For fifteen years this has been by my side. I have taken it to the darkest regions & it has brought me back alive. It has witnessed the evils of man & stood strong beside the good as they prevailed. Always faithful. IN GLOCK WE TRUST.”

Khan has not taken the increasingly popular two-day social media training course offered by the Toronto police, a course where officers are repeatedly told about the value of using discretion when posting online, said Gray.

TORSTAR NEWS SERVICE

BLIND AND DRAPERY SALE

50% OFF
on regular price
HUNTER DOUGLAS
PARKLAND WOOD BLINDS
Available in the popular 2” slat size in painted and stained finishes. Lifetime Warranty.

25% OFF
on regular price
CUSTOM MADE
BLACKOUT LINED DRAPERIES
Choose from the JF fabric collection including linens, prints, silks and more.

NO CHARGE UPGRADE
HUNTER DOUGLAS SILHOUETTE SHADINGS
Place any new order and receive the new UltraGlide 2 Click and Walk away at no charge when available. Lower and tilt the shadings with just one click.

CALL 416-364-3959 OR 1-800-818-7779
ARRANGE YOUR COMPLIMENTARY IN-HOME CONSULTATION TODAY
February 10 – April 15

HUDSON’S BAY

A Pathway to success

EDUCATION

Program cuts high school dropout rate

E.K. Hudson
For Metro | Toronto

The federal government has committed $24 million over four years to expand Pathways to Education, a community-based program that works outside of the school system to improve the academic performance of high school students from disadvantaged backgrounds.

"It's very significant for us," said Vivian Prokop, Pathways president and CEO.

"There are literally hundreds of communities that need this program."

Pathways was founded in 2001 in an effort to break the cycle of poverty in Toronto's Regent Park neighbourhood. Its effects were profound: dropout rates plummeted by 70 per cent while enrolment in post-secondary schools increased by 300 per cent.

A student works with his Pathways to Education tutor. Students get $1,000 per year toward post-secondary tuition for each year they participate. COURTESY PATHWAYS TO EDUCATION

Students in the program receive free tutoring, mandatory counselling and mentorship sessions, transit fare, lunch vouchers and $1,000 to put toward post-secondary tuition for each year they participate.

Currently, the program runs in 17 communities across Canada. Prokop says the federal money will allow them to expand to an additional 13 communities by 2020.

Ryerson student Anusan Ramanan participated in the 2008 cohort in Regent Park.

"I don't think I would have gotten the grades I needed if it wasn't for Pathways," he said.

Prokop credits the program's success to its "flexible model" of teaming up with local partners.

Pathways brings money, while local partners bring "inherent knowledge" about the community, she said.

RACCOONS

$4 latch won't work on raccoon bins: city

Jessica Smith Cross
Metro | Toronto

One Torontonian wants to know why the city is spending $31 million on new raccoon-proof green bins when all she needs to keep the critters out of her bin is a cheap plastic latch.

"It was about $4.00 for me to buy directly, took two minutes to install, and certainly has to be more cost effective than to recycle the current ones and to make a new version," Arna Kanter said in an email to Metro.

> **"It was about $4.00 for me to buy directly, took two minutes to install."**
> Arna Kanter

The city used to sell green bin latches made by ORBIS, the manufacturer of the bins that are being replaced.

However, the manufacturer stopped making them and city staff found the new latches they made — with a large metal hook — posed a danger to the bin collectors.

"We're glad it worked for her, but it didn't work for everyone," said Beth Goodger, general manager of solid waste management services. "Some of the contraptions that were developed were a problem."

The latches have always been difficult for collectors to open, so the city asks residents to remove them when they place their bins on the curb, Goodger said. That leaves a window of time for raccoons to get their paws in.

When residents forget to take the latches off, the policy is that the collectors can leave their bin full, even though many will make an exception, she said.

Goodger said it was time to replace the old bins in any case, because they are at the end of their life cycle and many are succumbing to wear and tear.

This April when you buy a daffodil pin or fresh flowers, your're supporting Canadians living with cancer and helping us fund research to fight all cancers for all Canadians in all communities.

Support Canadians living with cancer.
BUY DAFFODILS.

Canadian Cancer Society / Société canadienne du cancer

cancer.ca/daffodil

Daffodil pins available at participating locations:

LCBO · LifeLabs Medical Laboratory Services · Sobeys urban fresh

Daffodil flowers sold exclusively at:

Loblaws · Real Canadian Superstore big on fresh, low on price. · valu-mart · independent · Zehrs Markets

The trademarks and logos displayed are trademarks of their respective owners. All rights reserved.

Quick thinking saves lives

ETOBICOKE FIRE

Man working nearby uses his ladder to help rescue woman

Jessica Smith Cross
Metro | Toronto

Technician Fred Rolston has worked for Bell for 28 years. Last week, he helped a group of police officers save a family from a burning building in Etobicoke. LIZ BEDDALL/METRO

Bell technician Fred Rolston says he wasn't really thinking when he pulled his ladder from his truck and rushed to help save a family from a burning building last week.

But any outside observer would say his quick thinking saved lives.

Rolston was installing fibre optic cable at a building in Etobicoke on March 31 when he went to his truck to get some supplies, and heard screaming. A fire had broken out at 230 Lake Promenade, an apartment building adjacent to where he was working.

He saw black, billowing smoke coming from the second floor and watched as a child jumped down.

"When I saw the kid jump off the second floor, I didn't really think anything, but I didn't want anyone else to get hurt," he said.

He grabbed his 28-foot ladder out of the truck, rushed over and put it up to the balcony.

The mother came down first, and then police officers arrived.

"The mother was screaming that her special needs child was still stuck in there," Rolston said. "They couldn't go in through the sliding doors, where all the smoke was coming out; I guess that's where the fire was. So they went down further and broke in to two windows to get access to rescue the lad."

"They were up there lickety-split, they didn't hesitate. They're heroes," he said of the police.

Shortly afterwards, firefighters arrived at the blaze. Rolston braced his ladder for them as they ascended to the second floor.

"Everybody put some miles on my ladder to … put the fire out," he said.

Meanwhile, another police officer, Const. Zoran Ivkovic, had gone into the building from the ground floor, crawled through the smoky hallways to reach the apartment, and brought the boy out.

"The rabbit lived, the dog lived, shortly thereafter they brought the boy down, and he was in rough shape," said Rolston. "I don't think the kid would have made it if they hadn't gotten to him as fast as they did. Everyone was saved and they put the fire out. It was a happy ending."

> **"The family was terrified and the mother was frantic because her boy was trapped."**
> Bell technician Fred Rolston

ROAD SAFETY

Burnside pushes for cameras

Leaside councillor Jon Burnside wants Toronto to consider putting cameras by stop signs to make sure drivers observe safety laws in residential neighbourhoods.

Cameras have been installed by stop signs in Alberta, California and Australia, Burnside said in an interview on Tuesday.

Burnside, who was a police officer for 10 years, said that intersections get safer when drivers realize they will be caught and punished for breaking the rules.

Drivers are supposed to stop for three seconds at stop signs, but often roll through when there is no police presence, said Burnside.

It's a particularly sensitive issue in his riding, where seven-year-old Georgia Walsh was killed when struck by a vehicle near Millwood Road and McRae Drive on July 14. A man has been charged with careless driving related to her death.

"This has been an ongoing problem in Leaside and across Toronto," Burnside said.

TORSTAR NEWS SERVICE

HUDSON'S BAY OPTICAL
presents
16 DAYS ONLY
April 15-30
the Spring 2015
DESIGNER
EYEWEAR EVENT
Exclusive event offer
$199 eyeglasses package
Applicable to all Designer Event frames up to $300. Includes complimentary single vision or no-line bifocal lenses.
See optician for details. Instinctive no-line bifocal lenses and Designer Event frames only.
CALL TODAY FOR AN EYE EXAM
Queen Street 416-861-6201
HUDSON'S BAY

Know before you throw!
Aerosol cans can explode if not completely empty when tossed in the recycling bin. This can cause injuries or damage equipment. Put only empty cans in recycling and bring ones with contents remaining to a City Household Hazardous Waste Depot.
Propane tanks and cylinders, even when empty, must never be put in recycling or garbage. These items are hazardous waste. Refill them if possible or take them to a City Household Hazardous Waste Depot.
Community Environment Days also accept household hazardous waste. Community Environment Days run from April to October. Check schedule at toronto.ca/environment_days or call 311.
Need a pick up? The Toxic Taxi provides free pick up of 10 to 50 litres/kilograms of household hazardous waste.
TORONTO
toronto.ca/recycle
Call 311

FRIDAY, APRIL 10 TO
THURSDAY, APRIL 16

bay days

EFFY DIAMOND EARRINGS

Exclusively ours

OUR LOWEST PRICES OF THE SEASON

SAVE $1,600

$499.99

Regular $2,100

EFFY 18 kt. white gold, 0.50 ct. t.d.w. diamond round solitaire earrings

SAVE $2,800

$799.99

Regular $3,600

EFFY 18 kt. white gold, 0.75 ct. t.d.w. diamond round solitaire earrings

SAVE $3,400

$999.99

Regular $4,400

EFFY 18 kt. white gold, 1.00 ct. t.d.w. diamond round solitaire earrings

SAVE $6,600

$1,999.99

Regular $8,600

EFFY 18 kt. white gold, 1.50 ct. t.d.w. diamond round solitaire earrings

Plus, 60% off gold, pearl, gemstone and diamond fine jewellery

See below for exclusions.

APRIL IS DIAMOND MONTH

T.D.W. = total diamond weight. All diamond weights are approximate. Diamonds enlarged to emphasize detail and may not be exactly as shown.

HUDSON'S BAY

SHOP THEBAY.COM

Savings for all offers are off our regular prices, unless otherwise specified. **Gold, pearl, gemstone and diamond fine jewellery** excludes Ivanka Trump, Judith Ripka, Alor fine jewellery and items with 99¢ price endings.

IN BRIEF

Driver killed in collision
Provincial police say a 29-year-old Toronto man has died in a collision on Highway 7 in eastern Ontario.

Police say a car collided with a tractor trailer on Wednesday night in Tweed, northeast of Belleville.

Police say the driver of the car was pronounced dead at the scene.

THE CANADIAN PRESS

Police officer stabbed
Peel regional police say an officer has been injured in an incident in Mississauga, near Winston Churchill Road and Dundas Street.

When an officer approached he was stabbed or slashed, and his cruiser taken. The suspect was arrested a short distance away and the police cruiser was recovered.

Police say shots were fired at a suspect, however none of the bullets hit their intended target.

THE CANADIAN PRESS

Two charged after death of 'pet' goose
Ontario Provincial Police say two people are facing charges in the killing of a goose that had been living in a Picton, Ont., cemetery for the past 15 years.

Police say they received a call on March 21st about youths shooting at ducks in the pond at the Glenwood Cemetery, but officers were unable to locate the youths. Police say it was later discovered that a female goose — one of a pair of mates that had been considered "pets" by area residents — had been killed and removed from the pond. Police say two teens — aged 17 and 18 — both from Prince Edward County — were arrested and charged on Wednesday.

THE CANADIAN PRESS

Ewan Sinclair, Jasmine Alkin and Alex Hess work on projects at Hacklab.TO, Toronto's hacker collective space. LIZ BEDDALL/METRO

Tech space prepares to welcome public

HACKERSPACE

Member says atmosphere is one of 'hypernerdism'

Deborah Hernandez
For Metro

Toronto's local hackerspace is opening its doors to the public this Saturday.

Visitors can check out the Oculus Rift virtual reality system, 3D printers, laser cutters and more at HackLab.TO on Queen and Dufferin.

Alex Hess, a member of HackLab.TO, says the open house is about introducing people to new technologies that the general public usually wouldn't see or have access to. But they also hope the open house will get more people to join HackLab.TO.

"Our hackerspace is a pretty cool space where people take things apart, build things and make things," Hess said. "It's a learning environment the same way the library is."

HackLab.TO started out as three friends meeting in a living room every Tuesday and grew in size until there were too many people to fit in a living room, Hess said. Today, they have over 60 members. Justin Bull, another member of HackLab.TO, says being at the space allows people to explore interesting technology concepts and the atmosphere is one of "hypernerdism."

"Everyone feeds off each other's excitement," Bull says. "We really geek out about things we enjoy, and at the space, the technology is just sitting on the table for anyone to pick up and learn."

Hess agrees.

"It's rare to meet a roomful of people so knowledgeable about so many different things you usually don't get exposed to," he said. "I enjoy being around people who know so much more than me so I can learn from them."

HackLab.TO's open house starts Saturday at 7 p.m. at 1266 Queen St. W.

DEFINITION

According to Oxford Dictionaries, a hackerspace is "a place in which people with an interest in computing or technology can gather to work on projects while sharing ideas, equipment and knowledge. METRO

BUILDINGS

Lawyer calls local courthouse a 'disgusting hole'

Jessica Smith Cross
Metro | Toronto

A veteran lawyer says one of Toronto's courthouses is a "disgusting hole" and "an airless death trap" that poses a safety risk to its esteemed judges.

"I apologize to everyone about the coarse language," said Robert Harrison, a litigator with Fasken Martineau.

"But, the truth isn't any different."

A lot of serious civil litigation is done in what Harrison calls the "airless" and "dirty" courtrooms at the Ontario Superior Court of Justice on University Avenue.

There is no separate entrance for judges, who must use the public elevators, said Harrison.

He believes that's a security risk.

But what bothers Harrison the most is that the conditions are beneath the judges who work there.

"These are federally appointed judges, highly regarded people," he said.

> **It's a disgrace they should have to work in that environment. It just doesn't give dignity to process.**
> Robert Harrison

"It's a disgrace they should have to work in that environment. It just doesn't give dignity to process."

Brendan Crawley, spokesman for the Ministry of the Attorney General, said the ministry has spent over $3.6 million on 393 University Avenue in the last decade, including on improved security.

By any measure, 393 University in good shape relative to Old City Hall, where the Ontario Court of Justice hears criminal matters.

The 19th century building has holes in the walls, plywood standing in for some windows, and no ceiling tiles in some areas, leaving the HVAC system and nests of wires exposed.

The province is in the early planning stages of building a new courthouse to replace Old City Hall and other Ontario Court of Justice Criminal courts, but details are sparse.

Crawley said the project is expected to take several years.

SEX WORKERS

Concerns raised on new law

A review by Ontario's attorney general may have concluded that Canada's new prostitution law is constitutional, but it hasn't "entirely" alleviated Premier Kathleen Wynne's concerns about how it affects sex-trade workers.

After the federal law came into effect in December, the premier said she had a "grave concern" that it would not make sex workers safer and asked the attorney general to do a constitutional review.

Senior staff in the attorney general's office found no clear unconstitutionality with the law, though Attorney General Madeleine Meilleur would not divulge the reasoning.

When asked Thursday to elaborate, Wynne said the review did "not entirely" alleviate her concerns about the law.

"There's no clear unconstitutionality and so obviously we understand that we need to uphold the law," she said. "At the same time, we are going to be monitoring the impact of the law."

Wynne did not specify what her concerns are about the law, but said she and the attorney general want to meet with people affected by it.

The sweeping new changes to the way prostitution is regulated in Canada follow a Supreme Court decision that found the old laws violated the rights of sex-trade workers. THE CANADIAN PRESS

POLITICS

'Old guard' drops out of PC race

Ontario's Progressive Conservatives face a choice between the party's old guard that lost the last four elections or "an agent of change," London-area MPP Monte McNaughton said Thursday as he pulled out of the race.

McNaughton's withdrawal left just Barrie MP Patrick Brown and deputy PC leader Christine Elliott in the race, and he's backing Brown, a backbencher who chairs the federal Conservatives' Greater Toronto Area caucus.

Elliott is supported by the same party establishment and backroom operatives that allowed the Liberals to win four consecutive elections, while Brown has "the energy and ability" to reform the Tories, McNaughton said.

THE CANADIAN PRESS

President's PICK

KARISMA
HOTELS & RESORTS

itravel2000.com™/MC

Love is in the Air!

Spring is in the air and so is love, as they say. When dreaming about the ultimate romantic getaway or honeymoon, luxe accommodations and indulgent meals set against a postcard-perfect beach come to mind. For me, that also brings to mind Karisma Hotels and Resorts. I have visited many Karisma properties as a regular vacationer and appreciate their attention to detail.

Dean Moore
President & CEO

Azul Beach

RIVIERA MAYA
Azul Fives Hotel
★★★★★
Deluxe Room/All Inclusive
July 4 • 7 days
$1616
Including taxes and fees

RIVIERA MAYA
Azul Beach Hotel
★★★★★
Deluxe Room/All Inclusive
August 16 • 7 Days
$1964
Including taxes and fees

Generations Riviera Maya

RIVIERA MAYA
Sensatori Resort Riviera Maya
★★★★★
Luxury Jacuzzi Suite
/All Inclusive
August 2 • 7 Days
$1897
Including taxes and fees

RIVIERA MAYA
Generations Riviera Maya
★★★★★
Oceanfront Luxury
Jacuzzi Suite/All Inclusive
September 20 • 7 Days
$2337
Including taxes and fees

El Dorado Casitas Royale

RIVIERA MAYA
El Dorado Maroma
★★★★★
Jacuzzi Junior Suite
/All Inclusive
September 6 • 7 Days
$1966
Including taxes and fees

RIVIERA MAYA
El Dorado Casitas Royale
★★★★★
Swim Up Casita Suite
/All Inclusive
October 25 • 7 Days
$2395
Including taxes and fees

itravel2000.com™/MC | **1.866.WOW.DEAL**

CANADA'S TRAVEL EXPERTS 20 YEARS

Your Trusted Source for Travel
Flight Hotel Vacations Cruise

BEST PRICE GUARANTEED! BEST PRICE

Some conditions apply. Visit itravel2000.com or call 1.866.969.3325 for details. Package Fares: Toronto departures. Prices shown are per person in Canadian dollars, based on double occupancy and include all taxes, surcharges and mandatory fees and do not include travel insurance and other travel related expenses. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Packages are subject to availability at time of booking and are subject to change without notice. New bookings only. Not valid on group bookings. 8635919 Canada Inc. (dba as itravel2000) is a TICO licensed company. tico.ca #50021097. 1004 Middlegate Road, Suite 3000, Mississauga, ON, L4Y 1M4

High cost of living hits home

INCOME

Study finds minimum wage just doesn't cut it

Child care; rent; food; transit: Across the board, Torontonians are being hammered by the rising cost of living. And the price of staying afloat? That's soaring, too.

So much so that a Toronto couple raising two children in the city must both work full-time earning $18.52 an hour each to make ends meet, says a new report on Toronto's living wage by the Canadian Centre for Policy Alternatives.

The study, released Friday, updates a 2008 calculation that placed the city's living wage at $16.60, the hourly sum needed to meet local living expenses.

"(A living wage) is what's actually required to live a healthy, sustainable life," said the report's author, economist Kaylie Tiessen.

According to the progressive think-tank, sharp increases in the price of basic necessities in Toronto have made it harder for working adults to support their families.

The report seeks to provide a "modest standard" that reflects the reality of everyday living in the city. It argues Ontario's current $11 minimum wage, set to increase to $11.25 in October, is still insufficient.

Drawing largely on Statistics Canada and municipal data, the non-profit organization's research shows a family of four in Toronto needs an annual combined employment income of around $72,000 to afford the basics, such as rent, transportation, child care, food and clothing.

Jayna Vasanjee, 27, is an employee at DUCA credit union, which introduced a living wage policy, increasing her salary by $1.92 an hour. This pay boost has allowed Vasanjee to quit her second job as a receptionist at a medical clinic. TORSTAR NEWS SERVICE

> **We need a whole suite of options to improve labour market conditions for our lowest paid workers.**
> Kaylie Tiessen

Both parents would therefore have to work full-time at $18.52 an hour, after taking into account taxes, government benefits and payroll deductions. The study says the introduction of universal child care and pharmacare would significantly reduce that amount.

But many working adults in the city struggle to find jobs that provide economic security, the report shows. While the Toronto area's median wage was $21 an hour in 2013, the median wage in fast-growing sectors such as retail was only $12.95 an hour.

"We do know that purchasing power is a very important part of a strong and growing economy," said Tiessen.

"Higher wages are associated with better health, and better health actually means more stamina for workers, more productivity, even happiness and higher well being" she said.

DUCA Credit Union has taken the same view, and adopted the think-tank's initial $16.60 living wage last fall. It will now update its policy to reflect the organization's latest calculation. The wage increase will be applied to all 15 of the credit union's branches in southern Ontario, which employ almost 200 people.

Jayna Vasanjee, 27, began working at a North York DUCA branch six months ago and benefited from the salary boost. It allowed her to quit her second job and enrol in evening classes to upgrade her skills. She has since earned a promotion and full-time hours with the credit union.

"It was a lot less stressful," she told Torstar News Service. "Instead of working six days a week I'm now down to five, and it gives me more time to do the things that I enjoy, like hobbies, and also study, and also, of course, spend time with my family."

The study also argues that a living wage could be incorporated into the City of Toronto's existing Fair Wage policy, which sets out hourly rates for contract employees. The public sector and non-profit organizations should also consider bringing salaries in line with living wage standards.

> **Higher wages are associated with better health.**
> Kaylie Tiessen

But some labour activists say the living wage campaign must also push to raise the minimum floor for all workers across the province, not just those living in a particular city or working in specific sectors.

"The living wage is a tool and strategy that can be used when you are dealing with public institutions and wealthy employers that can afford to pay more," said Deena Ladd of the Workers' Action Centre. "But we also need to think about the growing number of workers who are commuting long distances and living and working in different cities."

"There is this assumption that housing costs in Peterborough, Sudbury and Barrie are lower (than Toronto.) But in many cases, they are just as high because affordable housing hasn't been built in these cities, either," she said.

Tiessen hopes the report will highlight the rising cost of living across the province, as well as the social and economic benefits of investing in employees by paying a living wage.

"We need a whole suite of options to improve labour market conditions for our lowest paid workers," she said.

TORSTAR NEWS SERVICE

BREAKDOWN

Toronto living wage by the numbers:

$21: median hourly wage
1.5 million: number of workers earning less than $21 per hour
$12.95: median wage for a retail sector workers
$11.50: median wage for food service workers
$1,185: monthly rent for a two-bedroom apartment
30%: increase in child-care costs since 2008
36%: increase in public transit costs since 2008

CANADIAN CENTRE FOR POLICY ALTERNATIVES

BUSINESS

A chance for Daredevil fans to sleep like the superhero

A Toronto business is offering residents the chance to sleep like Daredevil.

The Marvel Comics superhero returns to the small screen Friday, with a dark and gritty 13-episode series on Netflix. The show follows the adventures of Matt Murdock, who was blinded as a child in a tragic accident that also imbued him with extraordinary senses.

The 2003 Daredevil film, starring Ben Affleck, depicted the blind vigilante asleep inside a sensory deprivation tank, necessary to ward off the vibrations his powers pick up. The film was a flop, but audiences loved the scene of Daredevil asleep in the metal tank.

Now, local Daredevil fans can get a chance to experience Murdock's bed for themselves. The floatation therapy industry is booming in the city, with several places to choose from to float in a tank and experience sensory deprivation.

Sean Lavery, owner of Float Toronto in Parkdale, says business has been steady since he opened seven months ago. The shop recently expanded its hours and now offers floatation therapy daily from 8 a.m. to 1 a.m.

Misha Lee Brockman, a worker and a regular floater at Float Toronto, says 80 per cent or more of the clients are first-time floaters.

"The schedule is almost always booked," Brockman says. "I think our culture is ready for self-awareness and exploration."

The tanks at Float Toronto contain nearly 400 kilograms of epsom salt dissolved in lukewarm water. The tanks are insulated so the sounds of TTC streetcars rumbling by on Queen Street West disappear as soon as you shut the tank's door.

DEBORAH HERNANDEZ/METRO

BACKGROUND

The sensory deprivation tank sounds like a form of New Age therapy, but it's been around since the 1950s. Researchers at the University of British Columbia began exploring its therapeutic benefits a few decades later and named their technique REST — Restricted Environmental Stimulation Therapy.

DEBORAH HERNANDEZ/METRO

The sensory deprivation tanks at Float Toronto can even block out the sounds of Toronto's traffic. LIZ BEDDALL/METRO

Great customers inspire great service.

Thank you for making us leaders in customer satisfaction.

At TD, we do everything to make banking more comfortable, from offering longer hours to being open on Sundays[1]. And we thank you for noticing. Because of you, we keep receiving customer satisfaction awards, including:

- J.D. Power "Highest in Customer Satisfaction among the Big Five Retail Banks, Nine Years in a Row[2]"
- J.D. Power Small Business Banking "Highest in Customer Satisfaction with Small Business Banking[3]"

For us, nothing is more important than making our customers comfortable. We're glad you feel the same way.

Visit td.com/ourcustomers to learn more

Banking can be this comfortable.

[1] Individual branch hours vary. [2] TD Canada Trust received the highest numerical score among the big five retail banks in the proprietary J.D. Power 2006-2014 Canadian Retail Banking Customer Satisfaction Studies[SM]. 2014 study based on 17,183 total responses and measures opinions of consumers with their primary banking institution. Proprietary study results are based on experiences and perceptions of consumers surveyed May-June 2014. Your experiences may vary. Visit jdpower.com. [3] TD Canada Trust received the highest numerical score in the proprietary J.D. Power 2014 Canadian Small Business Banking Satisfaction Study[SM]. Study based on 1,348 total responses, measuring 5 financial institutions and measures opinions of small business customers. Proprietary study results are based on experiences and perceptions of customers surveyed in May-June 2014. Your experiences may vary. Visit jdpower.com. ® The TD logo and other trade-marks are the property of the Toronto-Dominion Bank.

H is for Hero: Police puppies get names

LAW ENFORCEMENT

More than 21,000 names submitted by public

Thirteen puppies in training to be police dogs now have names.

There were more than 21,000 entries from across Canada to this year's RCMP Name the Puppy contest.

Because of the unprecedented response, Inspector Andre Lemyre, who is in charge of police dog services, chose 13 winners representing every province and territory in Canada, not just 10 as originally planned.

All names had to start with the letter H and for multiple entries of the same name, winners were selected at random.

The 13 winners will each receive a certificate, a laminated photo of the puppy they named, a plush German Shepherd toy dog named Justice and an RCMP cap.

"Everyone at the centre was blown away by not only the number, but also the creativity of all the entries," said Lemyre.

"Congratulations to the 13 winners and my sincere thanks to every boy and girl who suggested a name."

RCMP police service dog teams search for missing or lost people, track and apprehend criminals, remove illicit drugs from the streets, detect explosives and search for and recover evidence used in crimes.

The Police Dog Service Training Centre is the national training centre in Canada for all RCMP police dog teams.

Ninety-three per cent of the German Shepherds working as RCMP service dogs were born at the centre as part of the RCMP Police Dog Breeding Program.

THE CANADIAN PRESS

BACKGROUND

The winning names are
Haley, Hammer, Hannah, Haven, Hawk, Herc, Hero, Hector, Hitch, Hooper, Hope, Hulk and Hunter.
THE CANADIAN PRESS

Three of 13 puppies in training to be police dogs now have names beginning with H. THE CANADIAN PRESS/RCMP HANDOUT

INTERNATIONAL RANKINGS

Canada sixth in social advancement: index

Canada continues to rank near the top of the world in a measure of social advancement that hopes to displace simple economic wealth — or gross domestic product — as the yardstick for national success.

The Social Progress Index, which is headed by Harvard Business School professor Michael Porter, delivered its third annual report Wednesday evening, ranking 133 countries on a basket of 52 different indicators.

Canada came in sixth overall as the most socially advanced country in the world — but was ranked first globally for offering its citizens what the study broadly terms "opportunity," a group of indicators that include rights, freedoms, tolerance, and access to higher education.

"Canada's ranking as the world's sixth most socially progressive nation is testament to a strong performance across the board, with stand-out results for inclusion, thanks particularly to a high tolerance for religious minorities and immigrants," Michael Green, the executive director of the non-profit Social Progress Imperative, said in a release.

High Canadian adult literacy rates and a very low homicide rate were also points of note.

The United States was ranked 16th in the world, having "underperformed" in relation to its relative economic strength, according to the Social Progress Index authors.

Two areas in which Canada does not excel are "ecosystem sustainability" — rated 48th among 133 countries — and "access to information and communication" — where Canada placed 25th.

THE CANADIAN PRESS

BACKGROUND

The competition:
Norway, the small Nordic country whose vast sovereign wealth fund built on oil and gas revenues has been frequently contrasted in recent months to Alberta, was ranked as the world's most socially advanced nation, followed by Sweden, Switzerland, Iceland and New Zealand to round out the top five.

ACT NOW...new carbon monoxide alarm law takes effect NEXT WEEK
New law requires you to have a working CO alarm installed outside all sleeping areas.
APRIL 2015
Also!
REPLACE old carbon monoxide alarms manufactured prior to 2008
For OPTIMAL protection, install additional CO alarms on every floor of your home
Kidde
safeathome.ca
Technology that SAVES Lives
RECOMMENDED BY
CONSEIL CANADIEN DES DIRECTEURS PROVINCIAUX ET DES COMMISSAIRES DES INCENDIES
COUNCIL OF CANADIAN FIRE MARSHALS AND FIRE COMMISSIONERS
RECOMMANDÉ PAR
Protect your family with Canada's #1 Alarms

PLAN YOUR SUMMER WITH THE **TORONTO BLUE JAYS!**

COME TOGETHER WITH FAMILY AND FRIENDS WITH OUR AFFORDABLE TICKET PACKAGES

HIGHLIGHTS FROM OUR 2015 PROMOTIONS SCHEDULE INCLUDE:

JOSE BAUTISTA
BOBBLEHEAD GIVEAWAY*
SUNDAY **APRIL 19**

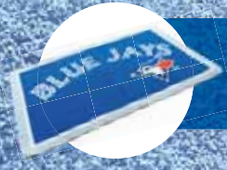
MOTHER'S DAY AT THE BALLPARK
JOSH DONALDSON WHITE REPLICA JERSEY GIVEAWAY*
SUNDAY **MAY 10**

COUNTRY DAY PRESENTED BY TD
***BLUE JAYS* TRUCKER HAT GIVEAWAY* PRESENTED BY TD**
SUNDAY **MAY 24**

MARCUS STROMAN
BOBBLEHEAD GIVEAWAY*
SUNDAY **JUNE 7**

BLUE JAYS
WHITE PANEL HAT GIVEAWAY* PRESENTED BY JACK LINK'S
SUNDAY **JUNE 28**

SNOW DAY IN JULY
BLUE JAYS* WINTER MITTENS GIVEAWAY
SUNDAY **JULY 19**



LONG WEEKEND IN THE CITY
BLUE JAYS* WELCOME MAT GIVEAWAY
SUNDAY **AUGUST 2**

LONG WEEKEND IN THE CITY
RUSSELL MARTIN BOBBLEHEAD GIVEAWAY*
MONDAY **AUGUST 3** 1:07PM

CANADA BASEBALL DAY™ PRESENTED BY HONDA
RED *BLUE JAYS* "CANADA" REPLICA JERSEY GIVEAWAY* PRESENTED BY HONDA
SUNDAY **AUGUST 30**

FAN APPRECIATION WEEKEND PRESENTED BY ALLSTATE INSURANCE
***BLUE JAYS* HOODIE GIVEAWAY* PRESENTED BY ALLSTATE INSURANCE**
SUNDAY **SEPTEMBER 27**

*FIRST 20,000 FANS ENTERING **ROGERS CENTRE**™

COME TOGETHER WITH A BLUE JAYS FLEX PACK **BLUEJAYS.COM/FLEXPACKS**

FULL 2015 PROMOTIONS/EVENTS SCHEDULE AVAILABLE AT BLUEJAYS.COM/PROMOTIONS. LIMIT ONE GIVEAWAY PER PERSON. PROMOTIONS SCHEDULE, THEME DAYS, GIVEAWAYS AND TERMS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. ™**TORONTO BLUE JAYS, CANADA BASEBALL DAY** AND ALL RELATED MARKS AND DESIGNS ARE TRADEMARKS AND/OR COPYRIGHT OF ROGERS BLUE JAYS BASEBALL PARTNERSHIP. **ROGERS CENTRE** IS A TRADEMARK OF ROGERS COMMUNICATIONS INC. **SPORTSNET, SN** DESIGN AND ALL RELATED MARKS AND DESIGNS ARE TRADEMARKS OF ROGERS SPORTSNET INC. ADDITIONAL MARKS AND DESIGNS ARE THE PROPERTY OF THEIR RESPECTIVE OWNER AND ARE USED UNDER LICENSE. © 2015 ROGERS BLUE JAYS BASEBALL PARTNERSHIP.

Big bill for beauty

DUFFY TRIAL

Questions arise over who paid for makeup services

The prime minister might have had his makeup done alongside Sen. Mike Duffy in 2010 on one of their many appearances together, but a government source says the taxpayer didn't pick up the tab for that type of service.

Still, one month earlier, taxpayers did foot the bill for Stephen Harper's makeup artist to travel overseas for the 65th anniversary of the liberation of the Netherlands.

The fact that Harper and Duffy employed the services of the same makeup artist surfaced in court earlier this week.

Duffy, a former Conservative, is facing 31 charges of fraud, breach of trust and bribery. Some of those charges involve allegedly illegal Senate contracts, including one given to local makeup artist Jacqueline Lambert.

Defence lawyer Donald Bayne said Tuesday that Duffy had his makeup done for a G8/G20 national youth caucus event in 2010 and that Harper received the same service that day.

"The $300 (contract) paid not only Sen. Duffy's perfectly standard makeup for television — it's always done — but Ms. Lambert made up the prime minister of Canada," Bayne said in court.

A government source, speaking on condition of anonymity, refused to comment on a matter before the court but did say that "these services are not paid for by taxpayers."

In fact, the taxpayer has picked up bills in the past for another Harper stylist, and around the same time period.

Michelle Muntean travelled around the world with Harper, applying makeup, styling hair, selecting clothing and trimming nails.

In 2007, Harper's office told The Canadian Press that Muntean's expenses were covered by the Conservative party.

But the Public Accounts of Canada, the government's annual spending report, tell a different story: the Department of Foreign Affairs paid her travel expenses, including flights, meals and accommodation.

The records for 2009-2010, for example, show she travelled with Harper on 13 different trips.

In May 2010, the records show that she accompanied Harper to the Netherlands.

Duffy's payment of Lambert occurred through an unusual $65,000 master contract that he had arranged with Gerald Donohue, a former broadcasting friend.

Through that umbrella fund, Donohue's company paid out other service providers, including Lambert.

The Crown has alleged Duffy set up that system so that Senate finance officials could not see how he was spending taxpayer money. But Bayne has argued that Duffy is guilty of nothing more than administrative process irregularities.

THE CANADIAN PRESS

31

Suspended senator Mike Duffy is facing 31 charges of fraud, breach of trust and bribery.

OTTAWA GUARDING THE GUARDS
Ottawa Police Const. Santiago De Los Santos watches over the National War Memorial as sentries return to their post for their first day on Thursday. The Department of Defence has hired the Ottawa Police Service to guard the sentries, after Cpl. Nathan Cirillo, a reservist guarding the Tomb of the Unknown Soldier, was shot and killed by a gunman while on sentry duty on Oct. 22, 2014. The Department of National Defence is paying the Ottawa police an estimated $425,000 for uniformed officers to protect the sentries beginning this week and running until mid-November. JUSTIN TANG/THE CANADIAN PRESS

Canada's favourite dishwasher. Now part of Canada's favourite kitchen.

BOSCH
Invented for life

Meet the kitchen designed from the dishwasher out. Featuring the same German engineering and legendary quiet performance, the Bosch kitchen brings elegant, European design and beautiful, seamless true flush installation into the heart of your home. From ovens that can be aligned horizontally to revolutionary FlexInduction™ cooktops to sleek yet powerful laundry solutions, you'll agree there's **Nothing like a Bosch**.

www.bosch-home.ca

Luxe APPLIANCE STUDIO CALL 1-888-966-5893 TO BOOK AN APPOINTMENT

Visit our showrooms in Toronto and Montreal.

Appliance Canada
8701 Jane St., Vaughan
1380 Castlefield, Toronto
1225 Wonderland Rd. N, Unit 40, London

Canadian Appliance Source
120 Cartwright Ave., Toronto
600 Matheson Blvd. W, Mississauga

Caplan's Appliances
1111 Weston Rd., Toronto

Coast Wholesale Appliances
1748 Creditstone Rd. Unit # 1., Vaughan

Corbeil Appliances
255 Bass Pro Mills Dr., Vaughan
3050 Vega Blvd., Mississauga
2202 Industrial St., Unit D, Burlington
1629 Victoria St., Whitby
45 Legend Court, Ancaster

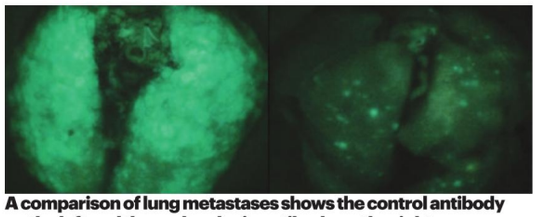
Faulkner's Appliances
2880 Lakeshore Blvd West, Toronto

Goemans Appliances
3050 Vega Blvd., Mississauga
166 Bunting Rd., St. Catharines
903 Queenston Rd., Stoney Creek
4585 King St. E, Kitchener
1040 Wharncliffe Rd. S, London
167 Chrislea Rd., Vaughn

TA Appliances
932 Victoria St., Kitchener
42 Caplan Ave., Barrie
195 Henry St. Unit 103, Brantford
1655 Dundas St. E, Mississauga

Tasco Appliances
3041 Dufferin St., Toronto
2111 Dunwin Dr., Unit 11, Mississauga
338 Queen St. E, Brampton
11160 Yonge St., Richmond Hill
1101 Kingston Rd. Unit 110, Pickering

*Rebate amount will vary depending on the number of qualifying Bosch Appliance products purchased, up to a maximum of $2000. Offer is not valid in conjunction with any other Bosch offers. Valid at participating authorized dealers only. See dealer for details. Rebate is applied at time of purchase. Prices shown include any applicable rebates. Not all models available at all Retailers. **Offer valid April 2nd through May 29th, 2015.** © 2015 BSH Home Appliances. © 2015 BSH Canada. All trademarks are property of their respective owners. 15BCAN008-24-120347-17



A comparison of lung metastases shows the control antibody on the left and the podocalyxin antibody on the right. COURTESY UBC

BRITISH COLUMBIA

Researchers reduce tumour growth rate

Researchers at the University of B.C. have developed an antibody that can slow the ability of aggressive tumours to grow and spread to different parts of the body.

Early testing in mice shows the antibody has the ability to "knock down" aggressive tumour cells and their ability to migrate and spread to other parts of the body, said Dr. Kelly McNagny of UBC's Biomedical Research Centre.

"It's human cells in a mouse model, but we're excited about the idea of now developing more antibodies that we could start using to treat patients," McNagny said.

Developed in collaboration with the Centre for Drug Research and Development, the antibody works by targeting podocalyxin, a protein marker found in many highly aggressive tumours. Podocalyxin is associated with about five per cent of breast cancers, most ovarian cancers and some types of colon, renal and bladder cancers. Earlier studies have shown that its presence in tumours is linked to low survival rates.

McNagny and his team discovered that inhibiting podocalyxin dramatically slowed the growth and metastasis of aggressive tumours in mice.

"That's why we're excited about it," he said. "It seems to get rid of the cells that are residual and that move around to set up shop in other places."

THANDI FLETCHER/METRO VANCOUVER

POLITICS

Harper to question allies about Iran deal: Sources

A skeptical Harper government will be pressing some of Canada's closest allies about their deal to prevent Iran from developing nuclear weapons. Sources also say Foreign Affairs Minister Rob Nicholson will discuss the issue next week when G7 foreign ministers meet in the German city of Lubeck. Nicholson has released a statement expressing skepticism about the deal reached by six countries with Iran to curb its nuclear program. THE CANADIAN PRESS

NDP launch complaint against Justin Trudeau

The NDP is seeking an investigation into Liberal Leader Justin Trudeau's alleged improper use of parliamentary premises for partisan purposes. The NDP's complaint comes one day after the Liberals sought a probe into NDP MPs' allegedly inappropriate use of their taxpayer-funded constituency offices to campaign for re-election. Both complaints have been sent to House of Commons Speaker Andrew Scheer. THE CANADIAN PRESS

WE NEED MALES & FEMALES

Are you a healthy, non-smoking,

MALE OR FEMALE 18 AND OVER?

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

- We conduct weekdays as well as weekend studies.
- Compensation may range from $1,000 to $4,000 depending on the length of the study.

BioPharma SERVICES INC. Research. Results. Reliability.

CALL: 416-747-5246
Toll Free: 1-866-747-5246
Mon-Fri: 8am-6pm, Sat-Sun: 10am-6pm

4000 Weston Road, Toronto | www.biopharmaservices.com

YORKDALE DUFFERIN MAZDA
WE DO IT BETTER, WE DO IT FOR YOU!

MAZDA'S GET IT IN GEAR SALES EVENT

0% PURCHASE FINANCING† + GET UP TO A $1,000 SIGNING BONUS♦ ON SELECT MODELS

UNRIVALLED SKYACTIV TECHNOLOGY

CANADA'S MOST-AWARDED CAR. EVER.▼

GT model shown

2015 MAZDA3 GX
LEASE FROM $79‡ at 0.79% APR bi-weekly for 36 months, with $395 down. Excludes HST.
THAT'S LIKE LESS THAN $7 PER DAY
INCLUDING $500 SIGNING BONUS♦

GT model shown

2016 MAZDA6 GX
LEASE FROM $139‡ at 2.49% APR bi-weekly for 48 months, with $1,995 down. Excludes HST.
THAT'S LIKE LESS THAN $10 PER DAY
INCLUDING $500 SIGNING BONUS♦

GT model shown

2016 CX-5 GX
LEASE FROM $135‡ at 2.99% APR bi-weekly for 48 months, with $1,195 down. Excludes HST.
THAT'S LIKE LESS THAN $10 PER DAY
INCLUDING $750 SIGNING BONUS♦

Now, you can drive as much as you want, as far as you want.

Mazda UNLIMITED*
3-YEAR NEW VEHICLE UNLIMITED MILEAGE WARRANTY
3-YEAR ROADSIDE ASSISTANCE UNLIMITED MILEAGE
5-YEAR POWERTRAIN UNLIMITED MILEAGE WARRANTY
7-YEAR ANTI-PERFORATION UNLIMITED MILEAGE WARRANTY

STANDARD ON ALL 2015 AND 2016 MODELS.

▼Based on total Automobile Journalists Association of Canada (AJAC) Category wins (various) up to the 2014 model year. ♦Signing Bonuses are available on retail cash purchase/finance/lease of select new, in-stock 2014/2015/2016 Mazda models from March 3 - 31, 2015. Bonus amounts vary by model. $500 Signing Bonus applies to all 2014 Mazda2, all 2014/2015 Mazda3, all 2014/2015 Mazda5, and all 2015/2016 Mazda6 models. $750 Signing Bonus applies to all 2015/2016 CX-5 models. Maximum $1,000 Signing Bonus only available on all 2015 CX-9 and all 2014/2015 MX-5 models. Signing Bonus will be deducted from the negotiated price before taxes. See dealer for complete details. ‡To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca. 10% APR Purchase Financing is available on select new 2015 and 2016 Mazda models. Terms vary by model. Based on a representative agreement using an offered pricing of $17,251 (includes $500 Signing Bonus) for the new 2015 Mazda3 GX (D43XK65AA00) with a financed amount of $18,000, the cost of borrowing for a 36-month term is $0, monthly payment is $500, total finance obligation is $18,000. Offer includes freight, P.D.E. and fees. Offer excludes HST. †Offer available on retail leases of new 2015 Mazda3 GX (D43XK65AA00)/2016 Mazda6 GX (G43XL66AA00)/2016 CX-5 GX (NV3XK66AA00) with a lease APR of 0.79%/2.49%/2.99% and 78/104/104 bi-weekly payments of $79/$139/$135 for 36/48/48 months, the total lease obligation is $6,591/$16,476/$15,188, including down payment of $395/$1,995/$1,195. As shown, Offered Pricing for new 2015 Mazda3 GT (D47L65AA00)/2016 Mazda6 GT (G47L66AA00)/2016 CX-5 GT (NX7L86AA00) with a lease APR of 0.79%/2.49%/2.99% and 78/104/104 bi-weekly payments of $156/$188/$192 for 36/48/48 months, the total lease obligation is $12,534/$21,596/$21,121, including down payment of $395/$1,995/$1,195. Lease payments include freight and P.D.E. of $1,695/$1,695/$1,895. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies. Lease offers include $500/$500/$750 Signing Bonuses. Offers exclude HST. Offered leasing available to retail customers only. Licence, insurance, dealer administration and other fees, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid March 3 - 31, 2015, while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details

2014 alg RESIDUAL VALUE AWARD♦ | BEST OF THE BEST • GRAND PRIX | BEST NEW SMALL CAR (UNDER $21,000) BEST NEW SMALL CAR (OVER $21,000) | AUTO 123 com. 2014 CX-5 COMPACT UTILITY OF THE YEAR | 2014 MAZDA6 CANADIAN CAR OF THE YEAR AWARD

VISIT YORKDALE DUFFERIN MAZDA.
zoom-zoom

www.YorkdaleDufferinMazda.ca
416-789-4521
2451 DUFFERIN STREET

ISIL says group hacked French network TV5

PARIS

Prosecutor's office opens terrorism investigation

Hackers claiming allegiance to the Islamic State of Iraq and the Levant (ISIL) seized control of a global French television network, simultaneously blacking out 11 channels and taking over the network's website and social-media accounts. The attack appeared to be an unprecedented step in the extremist group's information-warfare tactics.

The hackers briefly cut transmission of 11 channels belonging to TV5 Monde and took over its websites and social-media accounts starting Wednesday night. The channel's director, Yves Bigot, said the attack continued into Thursday. He told RTL radio that the network has restored its signal but can broadcast only recorded programs.

The Islamic extremist group has claimed complex hackings before, but experts and a French official said the ability to black out a global television network represented a new level of sophistication for the group. The Paris prosecutor's office said Thursday it has opened a terrorism investigation into the attack.

Bigot said he was shaken when he saw the black screen across the network's broadcasts "and when we discovered the sense of the message appearing on our social media and our websites, it both allowed us to understand what was happening and obviously worried us."

The message on the TV5 Monde website read in part "I am IS" with a banner by a group that called itself Cybercaliphate. It was replaced later Thursday by a simple message saying that it was undergoing maintenance.

Hackers claiming to work on behalf of ISIL have seized control of the Twitter accounts of other media, such as Newsweek, and in January they hacked into the Twitter page and YouTube site of the U.S. military's Central Command.

Prime Minister Manuel Valls, on his Twitter account, called the attack "an unacceptable insult to freedom of information and expression," and French government ministers visited the channel's Paris headquarters Thursday.

TV5 Monde, which was founded by the French government in 1984 and calls itself the "worldwide French cultural channel," broadcasts news and other programs produced in France, Belgium, Switzerland and Canada. THE ASSOCIATED PRESS

TV5 employees work in Paris on Thursday after the French television network was hacked by people claiming allegiance to ISIL. CHRISTOPHE ENA/THE ASSOCIATED PRESS

POLICE BRUTALITY

Critics want abuse claims monitored

The fatal shooting of an unarmed black man fleeing from a police officer has stirred outrage around the nation, but people in the South Carolina city of North Charleston aren't surprised, calling it inevitable for a police department they believe focuses on petty crimes and fails to keep its officers in check.

There is almost nothing in Michael Thomas Slager's police personnel file to suggest that his bosses considered him a rogue officer capable of murdering a man he pulled over for a broken tail light. People in the community he served say this reflects what's going wrong with policing today: officers nearly always get the last word when citizens complain.

The mostly black neighbourhood in North Charleston where Slager fired eight shots at the back of Walter Lamer Scott on Saturday is far from unique in this regard, said Melvin Tucker, a former FBI agent and police chief in four southern cities who often testifies in police misconduct cases.

Civil-rights leaders want North Charleston to create an independent citizens review board to review complaints against police. THE ASSOCIATED PRESS

IN BRIEF

French protesters march in nationwide strikes

Thousands of protesters, many blowing whistles and waving union flags, marched through Paris and other French cities on Thursday in a day of nationwide strikes that kept many children out of school, forced the closure of the Eiffel Tower and cancelled some 2,000 flights in and out of France.

Stepping up pressure on President Francois Hollande's already-unpopular Socialist government, the protesters aired an array of grievances against state funding cuts, planned increases in the retirement age and business-friendly reforms that could make firing workers easier. THE ASSOCIATED PRESS

TOYOTA On the Park
THE LEGENDARY SALE IS BACK!!
TOYOTA On the Park
TOYOTA
RED TAG
DAYS
2015 Rav4**
All In Lease $125 @ 1.99%
All In Finance $160 @ 2.99%
All In Price $26,229
$1,500 CASH REBATE
2015 DEALER OF THE YEAR
TOYOTA CANADA
2015 DEALER OF THE YEAR
TOYOTA ONTARIO
2015 Corolla*
All In Lease $75 @ 0.99%
All In Finance $104 @ 1.99%
All In Price $17,589
$1,500 CASH REBATE
ALWAYS OPEN AT toyotaonthepark.ca
1077 LESLIE ST., TORONTO, ON
(Leslie & Eglinton) 1-888-475-7346
*Corolla CE: 1All in lease payment is semi-monthly for 60 months with $1550 down payment. Includes freight and fees, HST extra.
Camry LE: All in lease payment is for 60 months with $2000 down payment. Includes freight and fees, HST extra. All in finance is bi-weekly for 84 months. Includes freight and fees, HST extra.
2 All in finance payment is bi-weekly for 84 months, includes freight and fees, HST extra. 3 All in price includes freight and fees, HST extra. Cash rebate only available on cash purchases. LE, S and LE ECO models only. Rebate does not apply to FWD LE models. *Rav4 LE FWD: 1All in lease payment is semi-monthly for 60 months with $1750 down payment. Includes freight and fees, HST extra, $250 Lease assist.
2 All in finance payment is bi-weekly for 84 months, includes freight and fees, HST extra. 3 All in price includes freight and fees, HST extra. Cash rebate is only available on cash purchases. *1 Offer applies on approved credit to retail customers who purchase and take delivery by March 31, 2015. The first monthly payment will be deferred for 60 days (until the 90th day of the contract) and finance contracts will be extended accordingly. Interest charges will not accrue during the first 60 days of the contract. After 60 days, interest starts to accrue and the purchaser will repay principal and interest over the term of the contract

BROADCASTING

Bell Media president departs

The president of Canada's largest communications company abruptly left his post Thursday, two weeks after he admitted to trying to influence national news coverage.

A corporate statement announcing the departure of Bell Media president Kevin Crull left little doubt of the link between his leaving and his interference in CTV's coverage of the broadcast regulator.

"The independence of Bell Media's news operations is of paramount importance to our company and to all Canadians," George Cope, head of Bell Canada and BCE Inc., said in a release. "There can be no doubt that Bell will always uphold the journalistic standards that have made CTV the most trusted brand in Canadian news."

Crull sparked widespread criticism last month for demanding CTV journalists not give any airtime to Jean-Pierre Blais, chairman of the Canadian Radio-television and Telecommunications Commission.

THE CANADIAN PRESS

Canadians sue U.S. sperm bank

GEORGIA

Ontario couple claim donor details were incorrect

A U.S. sperm bank said Thursday it did not verify the personal information of a donor used by a Canadian couple who are now suing the company, alleging they were never told the man was a schizophrenic with a criminal record.

In an open letter, the president of Xytex Corp. said a careful review of its records had determined the Canadian couple's claims "do not reflect" the information the donor provided to the company.

"We stand by the process we followed and intend to vigorously defend ourselves against the allegations," Kevin M. O'Brien said in the letter.

Port Hope, Ont., residents Angela Collins and Margaret Elizabeth Hanson allege that Xytex told them their choice of donor was a healthy man with multiple degrees who was "among their best donors."

In a statement of claim filed with a Georgia court, the couple alleges they only accidentally learned the identity of their donor — years after their son was born. Through their own research, they contend, they realized the donor, James Christopher Aggeles, was a college dropout who had been arrested for burglary at one point and had schizophrenia.

None of the allegations contained in the statement of claim have been proven in court.

Xytex claims it has done nothing wrong. The company said it wanted to assure the public that claims it misled a client are "simply not true."

"We followed thorough procedures to review the health of the donor. As you may know, this vetting process eliminates 99 per cent of the potential donors who apply to Xytex," O'Brien explained in his letter.

"In this case, the donor underwent a standard medical exam and provided extensive personal and health information."

The suit states Aggeles appears to have fathered 36 children. Lawyer Nancy Hersh said she had at least 15 other clients who may be joining the lawsuit.

THE CANADIAN PRESS

market minute

DOLLAR 79.42¢ (-0.34¢)

TSX 15,326.31 (+112.71)

OIL $50.79 US (+37¢)

GOLD $1,193.60 US (-$9.50)

NATURAL GAS: $2.528 US (-9.1¢)
DOW JONES: 17,958.73 (+56.22)

Apple Watch ready for online orders

Buying an Apple Watch won't be as simple as walking into an Apple store and handing over your credit card.

The smartwatch comes in 54 configurations — more than any other Apple gadget. So starting Friday, Apple stores will have staff trained to help you choose. You'll then have to place your order for shipping starting April 24. If you know the specific configuration you want, you're best off ordering it online, starting at 12:01 a.m. PDT Friday (3:01 a.m. EDT). There won't be an in-store pick-up option.

Besides the United States, the watch is available to customers in Australia, Canada, China, France, Germany, Hong Kong, Japan and the United Kingdom. THE ASSOCIATED PRESS

DO YOU HAVE PANIC DISORDER?

Do you Experience Recurrent Attacks of:

- **Sudden, intense anxiety?**
- **Racing Heart?**
- **Shortness of breath?**
- **Sweating?**
- **Trembling?**
- **Thoughts of going crazy and losing control?**

If so, you may be suffering from PANIC DISORDER.

Dr. Smit Sinha is conducting a research study "The Endogenous Opioid System in Panic Disorder" that involves standard treatment.

Study participation is voluntary.

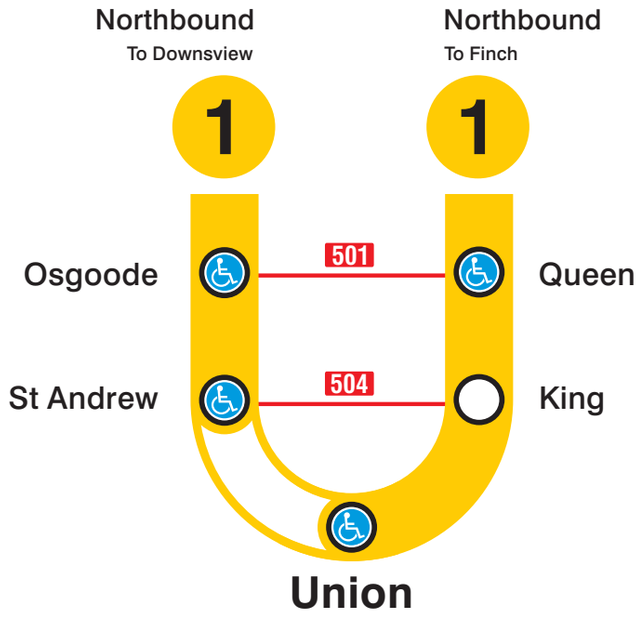
UHN Toronto General Toronto Western Princess Margaret Toronto Rehab

Please contact (416)-340-3156 for more information.

Weekend closures

1 St Andrew to Union
April 11 and 12, 2015
April 18 and 19, 2015

For detailed service information call 416-393-4636 or visit ttc.ca



TORONTO TRANSIT COMMISSION

TTC SUBWAY DISRUPTIONS MUST – AND WILL – COME DOWN

ANDY BYFORD
CEO
TORONTO TRANSIT COMMISSION

The TTC recently introduced further improvements to the subway timetable to make peak service more reliable, to provide more capacity in the off-peak times and on weekends, and to cut wait times between trains.

The first few days of this revised schedule proved extremely successful as measured by an increase in service punctuality and in the smooth running of the subway.

However, this good work was undone when, on Tuesday morning (April 7) , a track fire near Summerhill Station caused subway riders huge disruption and inconvenience while we worked with Toronto Fire crews to allow safe resumption of service. Overnight rail grinding, something we do to make your ride quieter and to maintain rails in good condition, caused a small piece of wood within the tunnel to smoulder then gradually ignite, even though the area was checked and flushed with water after grinding had finished, per our procedures.

I have said before that I know that in addition to safe service, reliable service is what you also rightly expect. I accept that we have failed to provide this in recent weeks for a variety of reasons.

Be assured that all of our efforts are focused on reversing this adverse trend. The revised subway timetable, plus the additional bus and streetcar services that we are beginning to introduce as a result of the increase in our budget, will see things materially improve.

This focus includes a review of how we handle disruption. Shuttle buses can never replicate the capacity of the subway and a shuttle takes time to mobilize, especially during the rush hour. But after events such as Tuesday, a lot of effort goes into reviewing customer feedback and the effectiveness (or not) of our contingency plans so that we can learn for the future.

We will use this incident to steel our resolve to get exponentially better.

EMPLOYEE PROFILE

Name: Gerry Capozzi
Position: Janitor
Years of Service: 18

My favourite aspect of being a TTC employee is not only helping the public, but also having the opportunity to try different jobs within the TTC. Each job provides a new learning experience, which has helped me grow as a person and employee. I'm also proud to work for such a compassionate company. I'd personally like to thank staff for the support that I received when I lost two family members in late 2014.

A MESSAGE FROM THE CHAIR OF ACAT

On behalf of my colleagues on the Advisory Committee on Accessible Transit (ACAT), I would like to say how much we miss our former leader and Chair, Susan Davidson, who died suddenly on February 12. Susan served as ACAT's Chair in 2014, and was an active member for several years. Susan was a strong personality on accessibility issues for people with disabilities, and fought tenaciously in support of seniors and people with invisible and physical disabilities.

***

As a long-time advocate for accessible transit in Toronto, I am honoured to be ACAT's Chair for the remainder of 2015. Since my first three-year term in 1998, I have worked tirelessly with my fellow ACAT members to paint the road map for successful accessible transit services that many of us enjoy today and will in the future. Some recent improvements include seven day advance booking on Wheel-Trans, online booking, and providing a list of frequently used addresses to make travel easier. We continue to encourage Wheel-Trans customers to try using the conventional transit system for all or part of their trips and to take advantage of accessible travel training. On the conventional side, we are working harder to make the system fully accessible. We were very excited when the first accessible low-floor streetcar launched on the 510 Spadina in August, and we are eager to see more of these on more routes, this year and beyond. We are also delighted to report that 34 of 69 subway stations are now accessible; Dufferin and Lawrence West are the two most recent stations to become accessible.

At ACAT, we are working with TTC management and staff to integrate accessibility into TTC policy and operating procedures and we continue to monitor and implement the Impact of Accessibility for Ontarians with Disabilities Act 2005 (AODA) and its regulations.

We encourage customers to share issues or improvement ideas by email at acat@ttc.ca, or in person at monthly meetings or at the TTC's Annual Public Forum for Accessible Transit.

Mazin Aribi (ACAT Chair)

Nicole Cormier and Angela Rebeiro (Vice Chairs)

Weekly Customer Service Report

Week ending April 8, 2015

	Actual % / Target %	
Subway – Deliver a punctual service	97% / 97%	✓
Bus – Deliver reliable headway	65% / 65%	✓
Streetcar – Deliver reliable headway	61% / 70%	✗

FREE WIFI NOW AVAILABLE AT ALL DOWNTOWN TTC STATIONS

The TTC and BAI Canada have completed installation for free WiFi service at all subway stations in the downtown "U" of Line 1 - from Bloor to Union to St George - and on Line 2 at Bay and Spadina stations.To connect, select "TCONNECT" in settings, open your browser and click Connect on the TCONNECT home page. Details are available at ttc.ca.

WEEKEND LINE 1 CLOSURE – UNION TO ST ANDREW

This weekend, on Saturday, April 11 and Sunday, April 12, Line 1 will be closed between Union and St Andrew stations. For more information, visit ttc.ca.

DO YOU HAVE A QUESTION FOR THE TTC? SEND AN EMAIL TO ASKTTC@METRONEWS.CA

HOW TO CONTACT US:
TTC INFORMATION
t 416-393-INFO (4636)
CUSTOMER SERVICE
t 416-393-3030
@TTChelps

REAL-TIME ALERTS:
@TTCnotices
Get personalized e-alerts at "My e-services" at ttc.ca

WHERE IS MY BUS/STREETCAR?:
Visit nextbus.com
Get Transit App on a smartphone/ tablet

FIND OUT MORE:
Visit ttc.ca for details about routes, schedules and planned construction.
Facebook.com/TTCnotices
Youtube.com/OfficialTTCchannel

TCONNECT WI-FI:
Free Wi-Fi is now available at select TTC subway stations. Visit tconnect.ca or ttc.ca for details.

TAP. TAP. TAP.

THE KOHLER REPORT

Rebecca Kohler

Hi, my name is Rebecca and I'm an iAddict. This is a hard day for me because it's the day the Apple Watch goes on pre-order. I must stay strong.

The idea of the Apple Watch gives me a nervous breakdown. I already have a MacBook, an iPod, an iPhone and an iPad — this is not a humble brag, it's more a humiliating admission.

When the iPad came out, I felt like Goldilocks: "My laptop is too big and my iPhone is too small, but that iPad looks juuuussst right."

And now, Apple is releasing a watch that tells time, checks emails, takes calls and makes the Casio calculator watch I had in Grade 3 look like a joke.

Can I resist? And if I don't, what will happen to my social skills? What will happen to my credit card? And what will happen to my brain?

Sometimes I come home tired, wanting to relax. I'll sit on the couch and start scrolling through Netflix (ahem, on my Apple TV), then I'll hear my phone buzz. As I try to ignore that, I'll hear the bleep of a Facebook message coming through my computer, then the ding of a text, and the chime of an email.

You know the feeling, right? It's both intriguing and exhausting, like "I wonder who that is" mixed with "who the hell is that?"

You try to hold out, ignore them, but as you watch that old Friends episode, the buzzes and the beeps and the chimes gnaw at the back of your thoughts like a rat whose teeth resemble the end of a USB cord. Finally, you give in and you check the messages, often to find they're disappointing or stressful. "Oh, an ad for a vagina enlargement." Or "great, a friendly reminder from my accountant that it's tax season."

If I can barely relax now, I feel like the Apple Watch will take over my life. The chimes and buzzes won't be across the room anymore, they'll be on my body. Tapping me — the Apple Watch doesn't vibrate, it taps — taunting me. Every text, every FB invite, every Instagram of my friend Cathy's new manicure ... tap, tap, tap.

Sometimes I feel like I'm in a psychological thriller; like social media is a psycho neighbour who keeps knocking on my door to tell me what colour Kim Kardashian's hair is. And though I know this, I can't resist answering the door, just in case it's something else, something great.

I read an article recently about the fact that every time we check our messages or notifications or play Candy Crush, we get a hit of dopamine.

Dopamine is the same chemical released when a cocaine addict snorts a line or a smoker lights up. Though I'll be jealous of everyone that has one, I don't think I'll get an Apple Watch.

I'm already addicted and the watch sounds like hooking myself up to an intravenous notification drip.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter at @becca_kohler

Happy face/Sad face

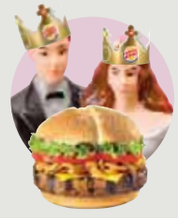
From **matrimonial marketing** to **suffocating welfare laws,**
Metro weighs in on the news that made headlines this week:

Poultry pilgrimage

Two Canadian dads took their sons on a Kentucky Fried road trip of a lifetime. Travelling 3,400 kilometres from Montreal to the Harland Sanders Café and Museum in Kentucky, the families said three of the sons had never tried the crispy birds before and that they had never laughed so much in their lives. Goes to show that treating your fast food as an adventure can be amazing. Putting a ring on it, however ... (read on)

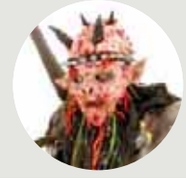
Speak now or forever hold the grease

... Joel Burger and Ashley King are getting married and guess who offered to sponsor their wedding? That's right, the HOME OF THE WHOPPER® contacted the couple about footing their bill and they said yes! We see big things for any hyphenated offspring resulting from this blessed union. Imagine having a multinational there from the start, sponsoring finger paintings, catering birthday parties (mini burgers, duh), paying college tuition. Couldn't be happier for Burger King. Burger-King. Whatever.



Heavy stuff

As if it wasn't sad enough when undying chaos-demon, Lord and Master of Earth and lead singer of GWAR Dave Brockie, a.k.a. Oderus Urungus, overdosed last March, the band is now being sued by Brockie's father. Dad says the other guys stole his son's remains, guitars and other stuff. He claims he asked for the return of all of Urungus's remains, but instead got "a small fraction of his son's ashes which were delivered in a used plastic bag with a Discover credit card logo on it." The matter is tragically before the courts. But at least we'll always have the music.



Help the poor and needy

Some politicians are so petty and shortsighted that they can find no better use of their time than micromanaging the spending habits of the poor. If a new law passes, welfare recipients in Kansas won't be allowed to use their cash at pools, nail salons or movie theatres, and will be barred from withdrawing more than $25 a day at ATMs. This idea makes no moral or fiscal sense (you could probably get some pretty sweet nail decals for the same price as the fees you'd be paying on daily withdrawals), but when scapegoating the most vulnerable in society is your public-service priority, logic is mere trifle.

ROSEMARY WESTWOOD

metroview

Women can get abortions, but individual women can't

I've never been faced with the abortion choice.

But if I ever have one, I know I'll fear the stigma and shame — not from the minority of pro-lifers in this country, but from within the pro-choice majority.

Abortion is framed as black and white. It's not. It's "thousands of different shades of gray," as a U.S. Vox Media survey released this week points out. Some people are both pro-choice and pro-life, and each draws the line in a different place.

That plays out in Canada, too: In a 2014 poll, 23 per cent of otherwise pro-choice Canadians said they feel we should have some restrictions on the procedure. We're also split on whether abortion should always be paid for, or only in medical emergencies.

Canadians gaze with scorn at the theatrical, divisive abortion politics of the U.S. We agree on women's right to choose, we congratulate ourselves. We applaud our reasonable laws, our legal, paid-for-by-the-government abortions.

But we are hypocrites. When it comes to supporting women who make that choice, we are silent. Women in general can get abortions. Not an individual woman.

There were 82,869 abortions in Canada in 2013. One-third of Canadian women will terminate a pregnancy. And yet I have personally only heard of two.

Of those two, only one was a friend who told me of her abortion. It was hard for her to share, and it's now a vaulted secret. Our friends are pro-choice — as are 60 per cent of Canadians — but we both still worry about judgment.

There are public campaigns to dispel the shame around mental health, so people need not suffer from isolation, or blame, but we say nothing about abortion.

Everyone has their own take on abortion, if they'd have one, when they might. For some women, it's a painful decision for which they might even shame themselves. These nuanced opinions creep into our health-care system and silence us among each other.

Canadian medical schools are failing to properly educate future doctors about abortion, due to both stigma and fear of offending students, according to journalist Danielle Groen, who's written about the issue.

Access to abortion varies widely across the country, and is notoriously difficult outside major cities — a bias caused in part by fear of stigma and one that undermines our supposed legal right, noted longtime abortion activist Joyce Arthur.

"It's one thing to have a right, and really another thing to implement it," she said.

We've already said it's OK, so why does it still feel wrong?

Because we don't have abortion "solved." We've only sewn up the politics. And until we work harder to diminish the shame, Canadian women will suffer.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER METRO EASTERN CANADA
Greg Lutes

MANAGING EDITOR TORONTO
Angela Mullins

ADVERTISER INQUIRIES
adinfotoronto@metronews.ca
General phone 416-486-4900

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

FAN FLAIR

JAYS SHOP

NEW STORE LOCATION

TORONTO EATON CENTRE - LEVEL 1

SPEND $75 OR MORE AND RECEIVE A FREE*

ALEX & ANI BRACELET

OFFER ENDS APRIL 26TH

™**TORONTO BLUE JAYS** and all related marks and designs are trademarks and/or copyright of Rogers Blue Jays Baseball Partnership. © 2015. Additional marks and designs are the property of their respective owner and are used under license. *Spend $75 or more before taxes and receive a free Alex & Ani bracelet. This offer is valid at the Jays Shop, Eaton Centre location only and while supplies last. Not valid on purchases of gift cards or tickets and cannot be combined with any other offer, discounts or previous purchases. Offer can be modified or terminated at any time without notice. Not replaceable if lost, stolen or damaged.

metro LIFE
• MOVIES
• TV
• BOOKS
• GOSSIP

Your essential daily news

Ryan Gosling's directorial debut p. 24

Cashing in on our lust for love

ANALYSIS

Nicholas 'The Notebook' Sparks has yet another sticky sweet tale for us

IN FOCUS

Richard Crouse

Scott Eastwood and Britt Robertson star in Nicholas Sparks' latest lovey affair, The Longest Ride. CONTRIBUTED

Novelist Nicholas Sparks is the current king of romance writers. His flowery prose even gives Harlequin a run for their money in the three-hanky tear-jerker department. Who else could write a line like, "Love is like the wind, you can't see it, but you can feel it," with a straight face?

He is to romance writing what Buckley's cough syrup is to a tickly throat. They both get the job done, but leave a sickly sweet aftertaste.

His best-known novel adaptation is The Notebook, a cross-generational love story that spent over a year as a New York Times hardcover top seller. Inspired by the story of his wife's grandparents' 60-year marriage, the novel became a 2004 movie starring Ryan Gosling and Rachel McAdams. The tale of love and Alzheimer's is emotionally manipulative (writer Gary Panton called this passionate weeper "mushier than a mushed-up bowl of mushy peas that's just been mushed in an industrial-strength mushifier") but opening weekend it surfed a wave of tears to the box office Top 5.

Sparks, a former pharmaceutical salesman, writes tales of love and loss, of mighty obstacles overcome and lip-locks galore, which he defines as "dramatic epic love stories" along the lines of "Eric Segal's Love Story or The Bridges of Madison County ... But you can even go all the way back. You had Hemingway write A Farewell to Arms, the movies of the '40s — Casablanca, From Here to Eternity — Shakespeare, and that's the genre I work in."

He caught some flack for comparing himself to Shakespeare — one writer said, "If Sparks is like Shakespeare, then a house painter is like Picasso" — but the fact remains that his unconventional love stories, his parcels of passion, have made his name synonymous with the romance genre.

This weekend, prepare for another flurry of Sparkisms— tear-stained romantic letters, lines like, "Love requires sacrifice but it's worth it," and passionate make-out sessions — as The Longest Ride hits the big screen.

This time around "two stories separated by time, connected by fate," get Sparksified as the lives of a young couple, played by Scott "Clint's son" Eastwood and Britt Robertson and older lovebirds Alan Alda and Oona Chaplin, interlace. "I wish I could tell you it's all happily ever after," says Alda's character, "not everybody gets that."

Expect unexpected poignancy.

Critics haven't always warmed to Sparks's stories on film — Safe Haven with Julianne Hough as "a young woman's struggle to love again" has a paltry 12 per cent approval rating on Rotten Tomatoes, while The Best of Me starring Michelle Monaghan and James Marsden as high school sweethearts reunited after two decades sits at a miserable eight per cent rating.

But audiences can't seem to get enough of his weepy tales of unrequited love, lost love, mature love and love in a time of trouble.

Ten of his books have already been adapted for the movies, with one more, The Choice, scheduled for 2016.

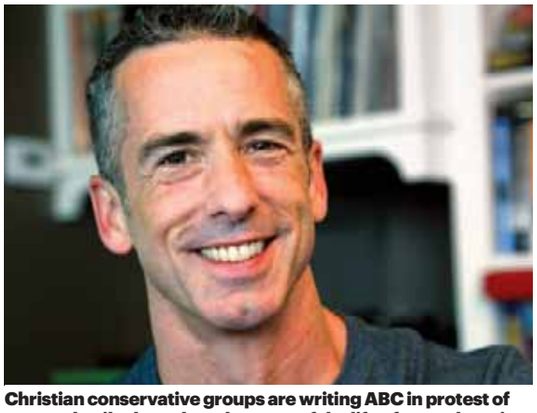
His style of romance has caught on, but don't call him a romance writer.

"I write dramatic fiction. If you go into a further subgenre, it would be a love story, but it has its roots in the Greek tragedies. This genre evolved through Shakespeare. He did Romeo and Juliet. Hemingway did A Farewell to Arms. I do this currently today."

MOVIE RATINGS by Richard Crouse

The Longest Ride	★★
Danny Collins	★★★
Cut Bank	★★

HOW RATING WORKS	
★★★★	SEE IT
★★	UP TO YOU
★	SKIP IT



Christian conservative groups are writing ABC in protest of a comedy pilot based on elements of the life of sex columnist Dan Savage. THE ASSOCIATED PRESS

TELEVISION

Savage-backed sitcom met with protest

Conservative groups are trying to kill in the cradle a prospective ABC sitcom about a family upended when a teenage son comes out as gay because sex columnist and gay rights activist Dan Savage is involved in the production.

The Media Research Center and Family Research Council said their members have sent more than 21,000 postcards and made more than 4,000 telephone calls asking ABC to abandon the series, tentatively titled The Real O'Neals. ABC is not commenting on the effort, while Savage said it is misdirected.

The show, which features actress Martha Plimpton as the family matriarch, is one of 12 comedy pilots the network is considering. Generally, about half of those pilots — at most — will get the green light.

Savage, author of the Savage Love advice column, said the series evolved out of a meeting he had with ABC executives where aspects of his childhood that he has written about were discussed.

While elements of the pilot were inspired by his experiences growing up in Chicago — the father is a Chicago police officer — the show "has evolved throughout the development process and it wouldn't be accurate to describe it as autobiographical,'' said Savage, an executive producer of the series.

Savage's very involvement angers the conservative groups. In a letter sent to Ben Sherwood, president of the Disney/ABC Television Group, MRC president L. Brent Bozell and Family Research Council President Tony Perkins cited Savage's "radical hate speech" and "venomous anti-Christian bigotry."

"They're choosing him for his signature, which is religious bigotry and personal offensiveness, not because he's gay," Bozell said. "There are a thousand and one gay people they could have chosen."

Savage wrote in 2000 about volunteering for Republican Gary Bauer's presidential campaign and, suffering from the flu, licking doorknobs in the office in an attempt to infect others. He also tried to give a definition of a gay sex act to Republican Rick Santorum's name on Google.

THE ASSOCIATED PRESS

When Kristen met Juliette

CLOUDS OF SILS MARIA

Stewart and Binoche talk film roles and easy rapport

Matt Prigge
Metro in New York City

When we spoke last October during the New York Film Festival, Kristen Stewart had not yet become the first American female actor to ever win a Cesar — France's equivalent of the Oscar — for Olivier Assayas' Clouds of Sils Maria. But she was still ecstatic about it. In the film she plays Valentine, the harried but cucumber-cool personal assistant of Maria Enders, a Juliette Binoche-like superstar played by Juliette Binoche. That allowed her to mock the film industry and the gossip machine from a safe remove. The two actresses paired together to talk about their rapport, and, in Binoche's case, to whip out one hell of a laugh.

Juliette Binoche, left, plays a famous international actress struggling to deal with her next film, alongside her personal assistant, played by Kristen Stewart, in Clouds of Sils Maria. CONTRIBUTED

Juliette, your breakthrough, 1985's Rendez-vous, was written by Assayas, and you reunited for his 2008 film Summer Hours. You instigated this project. What was your original concept?

Juliette Binoche: I wanted him to deal with the feminine. I didn't know exactly what it would be, but I was imagining these characters exchanging roles. I talked about Bergman. I said, "C'mon, you love Bergman! You made a book of interviews (from 2008)!" And I was a little frustrated on Summer Hours, as an actress. I thought he was shy and hiding. I said, "I was missing you!"

Kristen Stewart: It's like, "I want to know you!"

JB: "I want to know you," yeah! And he said to me, "Give me two weeks and I'll tell you whether I like it or not." Then he called me and said, "I have the subject." A year and a half later he gave me the script

It's pretty honest about what goes on in the life of a middle-aged actress. What was your reaction to it?

JB: I was shocked! I didn't expect it to be that way at all. I was provoking him (big, hearty laugh) and I got slapped back!

Kristen, you were supposed to be Jo-Ann, a younger actress ultimately played by Chloe Grace Moretz, but you insisted on taking Valentine instead. Why was that?

KS: That part is fantastic, but it's just not for me. It was something I knew so well that it wasn't interesting to me. I know Valentine so well, but I've never done it before. It'd be more interesting to say I gravitated towards the project because of the statements it made and the commentary that it is. But it was the emotional part that I really loved. And there's more irony and more layers steeped in her dialogue if it's coming out of my mouth. It's just the way it is. I've been there, I've been smack-dab in the middle. To directly address the media and talk about what precarious bulls — it can be sometimes and how we starvingly consume people — that was fun. I had to erase the glee from my face while saying those lines. I had to try to not look so excited about it.

Your characters have such a comfortable rapport. How did you develop that?

JB: We took some appointments to help us develop our relationship. (Big, hearty laugh). When you like someone, you like someone. We became close in a natural way.

> **"I've always gravitated towards American filmmakers who have a bit more fluidity and the balls to explore; and (who) live in something and don't need to control it so much.** Kristen Stewart

KS: If we hadn't, the movie would not have been good. Because I am not a liar. If this (connection between us) was not solid and this was not stimulating ... This woman makes me think more than most people that I've worked with. I'm constantly sitting there in between everything (thinking). She perplexes me a little bit, which is absolutely the right dynamic. We didn't have to fake it.

Is it getting better, or do you have to just go to Europe to get the great roles? Or is that just a cliché?

KS: If you were to get a consensus, then, yeah, absolutely. There are so many conventions in female roles in the States that it almost becomes — I mean, it's so cliché, as you say — it almost becomes stifling. And it's contagious. All of a sudden you think it's not going to be commercial and easily consumable, people are not going to make it.

It's either going to be the tiniest, tiniest, tiniest movie ever, or it's just never going to happen. I read really great scripts all the time that are different and go against convention and say something new. And they can never find legs. They never get made. It's a cliché because it's true.

DIRECTOR'S TAKE OLIVIER ASSAYAS

Filmmaker Olivier Assayas was partly responsible for Juliette Binoche's big break, and she his: In 1985 she starred in Rendez-vous, co-written by Assayas, his first screen credit. In Clouds of Sils Maria, she plays a very Binoche-y star, who worries that she's finally being replaced by the young.

"It's not about the cruelty of aging. It's about how to deal with it," he says. "It's not about rivalry. It's about a woman who ... has to accept that she's in another place, and that eventually a younger actress will look at her the same way she looked at an older actress when she was young."

Oliver Assayas. GETTY IMAGES

tiff.
Books on Film
HOSTED BY CBC'S
Eleanor Wachtel
©Toronto International Film Festival Inc.

Lynn Barber on *An Education*

English journalist Lynn Barber discusses the Oscar-nominated adaptation of her memoir about her teenage love affair with a dashing con man.

MONDAY, APRIL 13 7PM
tiff.net/books 416.599.8433 #booksonfilm

PROGRAMMING PARTNER Penguin Random House Canada
MEDIA PARTNER TORONTO STAR thestar.com

ONLY AT tiff. Bell Lightbox
REITMAN SQUARE, 350 KING STREET WEST

LEAD SPONSOR Bell
MAJOR SPONSORS Royal Bank | L'ORÉAL PARIS | VISA
MAJOR SUPPORTERS Canada | Ontario | TORONTO

Now playing

DOCUMENTARY

The Salt of the Earth

Directors: Wim Wenders, Juliano Ribeiro Salgado
Starring: Sebastião Salgado, Juliano Ribeiro Salgado, Wim Wenders

For 40 years, photographer Sebastião Salgado has travelled through the continents. Salgado's life and work are revealed to us by his son, Juliano, who went with him during his last travels.

ROTTEN TOMATOES™ SCORE

Critics: 92% Audience: 89%

DRAMA

The Young And Prodigious T.S. Spivet

Director: Jean-Pierre Jeunet
Starring: Kyle Catlett, Jakob Davies

T.S. Spivet lives on a remote ranch in Montana. A gifted child, he has invented a perpetual motion machine, for which he has been awarded the Baird Prize by the Smithsonian Institution in Washington.

ROTTEN TOMATOES™ SCORE

Critics: 76% Audience: +90%

MYSTERY & SUSPENSE

Cut Bank

Director: Matt Shakman
Starring: Liam Hemsworth, Billy Bob Thornton

Dwayne McLaren (Liam Hemsworth) dreams about escaping small-town life in Cut Bank, Mont., "the coldest spot in the nation," with his vivacious girlfriend Cassandra (Teresa Palmer). When Dwayne witnesses an awful crime, he tries to leverage a bad situation into a scheme to get rich quickly.

ROTTEN TOMATOES™ SCORE

Critics: 38% Audience: 34%

COMEDY

Road Hard

Director: Adam Carolla, Kevin Hench
Starring: Diane Farr, Adam Carolla

Years after his movie and sitcom career has run dry, Bruce Madsen is reduced to headlining one dingy comedy club after another, spending his nights in budget hotel rooms, and flying coach while his former fans sit in first class. He has only one question: What the hell happened?

ROTTEN TOMATOES™ SCORE

Critics: 50% Audience: 80%

DRAMA

Clouds of Sils Maria

Director: Olivier Assayas
Starring: Juliette Binoche, Kristen Stewart

Maria Enders, an actress at the peak of her international career, is asked to perform in a revival of the play that made her famous 20 years earlier. She comes face to face with an ambiguously charming woman who is an unsettling reflection of herself.

ROTTEN TOMATOES™ SCORE

Critics: 93% Audience: +86%

DRAMA & COMEDY

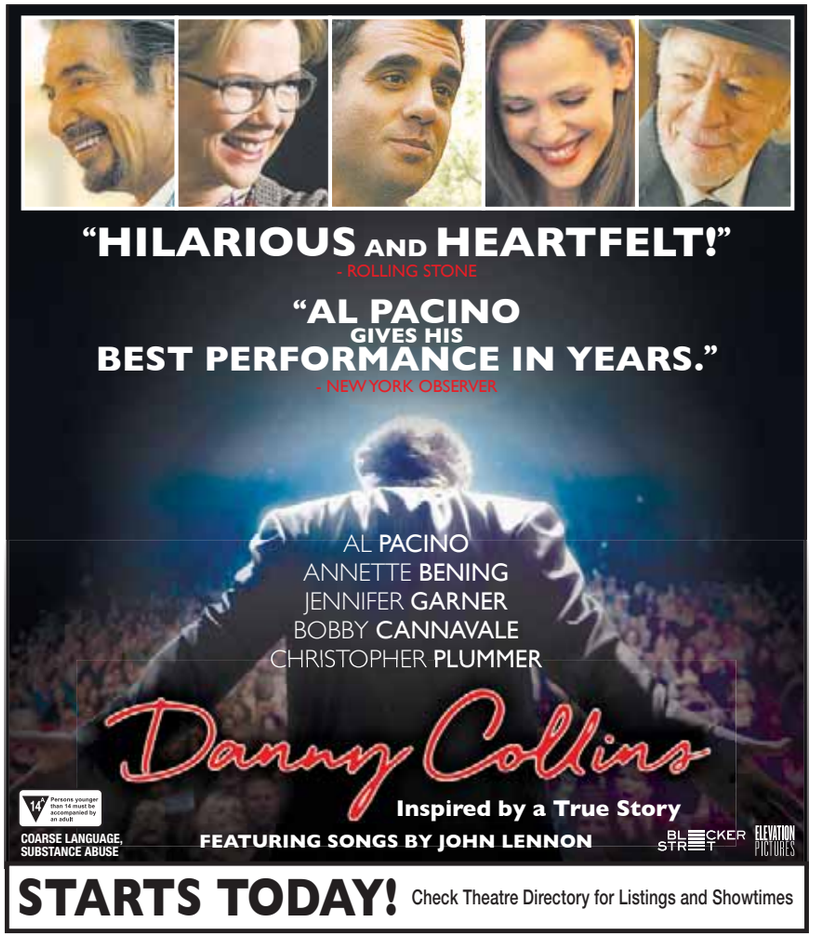
Danny Collins

Director: Dan Fogelman
Starring: Al Pacino, Annette Bening

Al Pacino stars as aging 1970s rocker Danny Collins, who can't give up his hard-living ways. But when his manager (Christopher Plummer) uncovers a 40-year-old undelivered letter written to him by John Lennon, he decides to change course and embarks on a heartfelt journey.

ROTTEN TOMATOES™ SCORE

Critics: 72% Audience: 76%


"HILARIOUS AND HEARTFELT!"
- ROLLING STONE
"AL PACINO GIVES HIS BEST PERFORMANCE IN YEARS."
- NEW YORK OBSERVER
AL PACINO
ANNETTE BENING
JENNIFER GARNER
BOBBY CANNAVALE
CHRISTOPHER PLUMMER
Danny Collins
Inspired by a True Story
FEATURING SONGS BY JOHN LENNON
14A Persons younger than 14 must be accompanied by an adult
COARSE LANGUAGE, SUBSTANCE ABUSE
BLEECKER STREET
ELEVATION PICTURES
STARTS TODAY! Check Theatre Directory for Listings and Showtimes

Ryan Gosling's Lost River is the Canadian actor's directorial debut. PASCAL LE SEGRETAIN/WIREIMAGE

Gosling's first film inspired by Detroit

DIRECTORIAL DEBUT

Lost River is about surviving in city that's falling apart

Ned Ehrbar
Metro | Life

Lost River is the debut effort by a new writer and director named Ryan Gosling. Maybe you've heard of him. He's Canadian or something. We sat down with Gosling to discuss why the story of a young man and his mother (starring Iain De Caestecker and Christina Hendricks) trying to survive in the economic wasteland of Detroit spoke to him so strongly.

What was it about this story that made it right for your directorial debut?

I had written something when I was in my early 20s about child soldiers, and it was because I had gone to Uganda and Sudan and I had an experience that I wanted to elaborate on. I tried for a while to get that film made and I just couldn't. I just wasn't in a place in my career where I could make that happen. Then, you know, life happened and I was in more films, and then suddenly I went to Detroit and I had a similar feeling where I just felt a real connection to the place and had an experience there that I wanted to share and elaborate on. Sometimes you read a script and you feel like you could contribute by acting, and then sometimes you have an experience where it's, "If I don't write this, no one will."

Aside from Christina Hendricks and your partner, Eva Mendes, you've got a Brit, a Scot, an Irishwoman and an Australian playing Detroit residents. What do you have against American actors?

For the most part, I'd worked with everybody before and I just wanted to work with my friends on this film, and most of them I had seen a side of them that I hadn't gotten to see in their work, and so I wanted to write for that. But then there was this central character of Bones (De Caestecker), which was obviously the most important piece and the hardest to find, but Ian was so much more than what I'd hoped for. He just has a quality of wanting to highlight everyone else that's in the scene with him. He came (to Detroit) a month before hand and didn't tell anybody, started stripping copper in these buildings, and he walked every block of these neighbourhoods. He basically took Landon as a younger brother. He just brought this authenticity to it but just kept it in his pocket.

What was the process of you for defining the visual language of this film?

I had a year — not a solid year, by any stretch — but over the course of a year I took some trips to Detroit on my own and I was filming. And that really helped me — in one way because I felt like I was making the movie, even if it was just me, but that it had started and the train had left the station and now I had to finish. But it also helped me because now I had images that I knew were the film, not just inspiration for the film. I could show producers, actors, financiers, not "this is what it could be" but "this is what it is."

The drowned towns motif is such a striking visual.

I grew up next to a river where I had found a road leading into it, and that's how I learned that they had sunken a bunch of towns to make this river. That's sort of where that idea came from, but yeah, it's a totally surreal, true thing that happens, and it's very bizarre.

BACKGROUND

In Lost River, Christina Hendricks' character works in a macabre private sex-and-death club.

"It was based on the Grand Guignol and the Hell Cafe and the Death Cafe," says Gosling. "All of these were part of a macabre entertainment scene in Paris in the early 1900s. At the Grand Guignol, they would put on these horror shows, murder theatre where they would kill people on stage. It was fake but very realistic, and it gave birth to horror films. At that time, for whatever reason, there was this real macabre entertainment scene and fascination with death. We tried to root all the fantasy in this film in some form of reality, you know? So we used that as a big inspiration. But the idea was that in these sorts of places — after a natural disaster or, in this case, an economic disaster — they attract people who have dark fantasies because they can enact them in these places where no one's watching. You can get away with anything in these kinds of environments."

FRANCE

Who will be on the guest list at Cannes this year?

With the Cannes Film Festival set to open in just over a month's time, speculation is swirling over which films — and which top directors and actors — could be getting their moment under the French Riviera sun.

Cannes's organizers jealously guard their selections for the competition lineup and the out-of-competition program until a month before the film fest opens. This year, the movies to be shown at Cannes will be announced on April 16, and the festival will run from May 13 to 24.

Woody Allen is seen as more than likely to be walking the red carpet with his new flick, Irrational Man, starring Joaquin Phoenix.

Cate Blanchett might also be along for her movie Carol. And fellow Oscar-winner Matthew McConaughey could appear for The Sea of Trees the latest film by director Gus Van Sant, which also stars Naomi Watts.

The director of the festival, Thierry Fremaux, said last week "there is no more than a third of the selection definitively decided." He added he and his selection committee "watch the movies right to the end."

THE SHORT LIST

The Cannes selection committee is screening 1,800 films — from start to end credits — to arrive at the short list for next month's festival

Cannes mixes international art-house cinema, Hollywood blockbusters, extravagant parties, industry wheeling and dealing, and eye-catching publicity stunts in a potent cocktail that has made it the pre-eminent global showcase for movies.

So far the only movie confirmed to be screened is Mad Max: Fury Road. The dystopian sci-fi movie, the fourth in the high-action Mad Max franchise and the first to star British actor Tom Hardy in the title role, will be shown out of competition on May 14 just before its worldwide release.

Fury Road co-star Charlize Theron is expected to saunter up the red-carpeted steps. She could put on another dress for The Last Face, directed by Sean Penn and starring Theron and Javier Bardem.

Harry Potter actress Emma Watson and Boyhood star Ethan Hawke might be along if Regression, by Spanish director Alejandro Amenabar (who made The Others, The Sea Inside) is selected.

Italy's flag could flutter over Mia Madre, the most recent picture by Nanni Moretti who won Cannes's top prize the Palme d'Or in 2001, or maybe La Giovinezza by Paolo Sorrentino, whose Grande Bellezza (The Great Beauty) won a foreign picture Oscar last year.

Asia, as always, is expected to be well represented. Thailand's Apichatpong Weerasethakul has just completed a romance, Love in Khon Kaen, which might screen. Taiwan's Hou Hsiao-hsien, a competition veteran, has a good chance with martial arts picture The Assassin.

Finally, of course, Cannes always has a soft spot for French productions. While directors Jacques Audiard or Arnaud Desplechin might screen their latest films, much attention is being thrown on The Little Prince, a big-budget French animation directed by U.S. filmmaker Mark Osborne that adapts the famous novel by Antoine de Saint-Exupéry.

AFP

Mad Max: Fury Road, starring Charlize Theron, will be show in Cannes just before its wide release in May. CONTRIBUTED

Hemingway tackles addiction in book

MARIEL HEMINGWAY

Mental illness, suicide covered in memoirs by granddaughter of literary icon

Mariel Hemingway recounts her famous family's struggles in two new books. DAN HALLMAN/INVISION/THE ASSOCIATED PRESS

Many people remember Mariel Hemingway best from her portrayal of the sweet teenager Tracy in Woody Allen's Manhattan, where she delivered the film's uplifting closing line, a reminder that "You have to have a little faith in people."

But Hemingway herself, then only 16, was living a life with much darkness in it; her family was plagued by alcoholism, drug addiction and mental illness. And suicide — including her famous grandfather, Ernest Hemingway, in 1961, and sister Margaux, the former supermodel, in 1996.

Hemingway, now 53, has written two new memoirs, Out Came the Sun, and a young-adult version, Invisible Girl, in which she frankly recounts her family's struggles. Here are some excerpts from her interview with The Associated Press.

You write at length about alcoholism, drug addiction, mental illness and suicide in your family. Do you feel all these things are connected?

Yes, especially in my family. Look at my grandfather, this extraordinary man, Ernest Hemingway, the greatest writer of the 20th century. But he was also self-medicating pain with a lot of drinking. Then I look at my oldest sister (Muffet), who is still alive, who is wonderful, but ... I think her schizophrenia and mental health issues were triggered by drug addiction. My other sister as well, she was a major alcoholic. And you know, it's a chemical. It changes your brain. In my family, it was never one glass of wine. It was a bottle. And it changes people.

You write about how you've had seven people in your family commit suicide. And you've been involved in suicide prevention efforts. Do we have a lot to learn about suicide?

Suicide is extremely complex. It is not necessarily somebody who suffers long-term mental illness. It can be planned for 20 years, or it can happen out of the blue.... The reason I wrote these books is so that if Mariel Hemingway, who comes from this family that everybody (knows), if SHE talks about her story, maybe I get someone suffering somewhere in silence to find a safe space to tell their story. So that they can start to heal.

Why did you write the young adult book?

Because that's (the age) when I was the most scared. Also when I was the most confused. A lot of kids don't know that there's somebody out there that gets it. You don't know it's not normal. I thought that when parents fought and there was broken glass and blood on the wall, that you cleaned it up because this was your job. THE ASSOCIATED PRESS

COURT

Jon Hamm accused in violent 1990 frat hazing

Court records show Mad Men's Jon Hamm was accused of taking part in a violent 1990 fraternity hazing at the University of Texas.

The actor had not previously been publicly linked to a Sigma Nu pledge who had sued after he said was dragged around by a hammer and had his pants lit on fire. He said Hamm participated "till the very end."

Records show Hamm was charged with hazing and received probation. THE ASSOCIATED PRESS

HEALTH

Taylor Swift's mom is battling cancer

Taylor Swift GETTY IMAGES

Taylor Swift revealed to her fans that her mother has cancer.

Swift wrote about the news in a post on her Tumblr on Thursday, which her representative confirmed.

Swift wants to keep the details private, but said her mother wanted fans to know what was going on.

The 25-year-old singer said she asked her mother to see her doctors as a Christmas gift. She said "there were no red flags," but they later learned Andrea Swift had cancer.

Though Swift is the superstar, Andrea has become a favourite among Swift's fans, often earning cheers from audiences at live shows. THE ASSOCIATED PRESS

tiff.kids
TIFF KIDS INTERNATIONAL FILM FESTIVAL
APRIL 7-19
Featuring over 100 movies from around the world, free activities and more for kids aged 3 to 13!
Play Time with
PEANUTS
Join your favourite Peanuts characters for a weekend full of fun activities!
April 11 & 12 only!
digi PlaySpace™
Welcome to the playground of the future.™
On now until April 19
Tickets at tiff.net/kids
TIFF prefers Visa.
#TIFFKids
MEDIA PARTNERS
tiff. | Bell Lightbox
Reitman Square, 350 King Street West

LEAD SPONSOR Bell

MAJOR SPONSORS Royal Bank | L'ORÉAL PARIS | VISA

MAJOR SUPPORTERS TORONTO

Director banks on 35mm magic

CUT BANK

Matt Shakman forgos digital, gives up salary for debut film

Richard Crouse
Metro | Canada

Cut Bank director Matt Shakman has something in common with 35mm film fanatics Martin Scorsese and Quentin Tarantino. For his movie debut the director insisted on shooting on film rather than digital.

"I'm an analogue kind of guy," he says. "To do this movie, which is about a town that feels trapped in a distant era, it felt right to shoot it on film. We had to find a way to deal with the financial impact of it, but I found a solution to that. I gave up my salary in order to do it.

"I'll only get a chance to make a first movie once and to make it on film feels special. I may never get a chance to do it again."

Set in the hamlet of Cut Bank, Mont., the action begins when auto mechanic Dwayne (Liam Hemsworth) accidentally videotapes the murder of the local postman (Bruce Dern). He reports the crime to the local sheriff (John Malkovich), hoping for reward money, but there are complications in the form of the suspicious father of his girlfriend (Billy Bob Thornton), a postal inspector (Oliver Platt) and a reclusive man (Michael Stuhlbarg) violently obsessed with getting his mail.

The script appeared on Hollywood's 2009 black list of the best unproduced films and has been in Shakman's hands for five years.

In the beginning he simply loved the twisty-turny story.

"Then," he says, "I (became) like a dog chasing a rabbit at the track. You get these tantalizing elements that start to make everything feel more real.

"When someone like John Malkovich signs on it is so helpful for so many reasons. One, the pleasure, personally, of getting to work with one of my heroes. Two, he certainly helps tell other actors that this is a party worth coming to and the third thing is just the business reality of having a person in the film who can help you with financing."

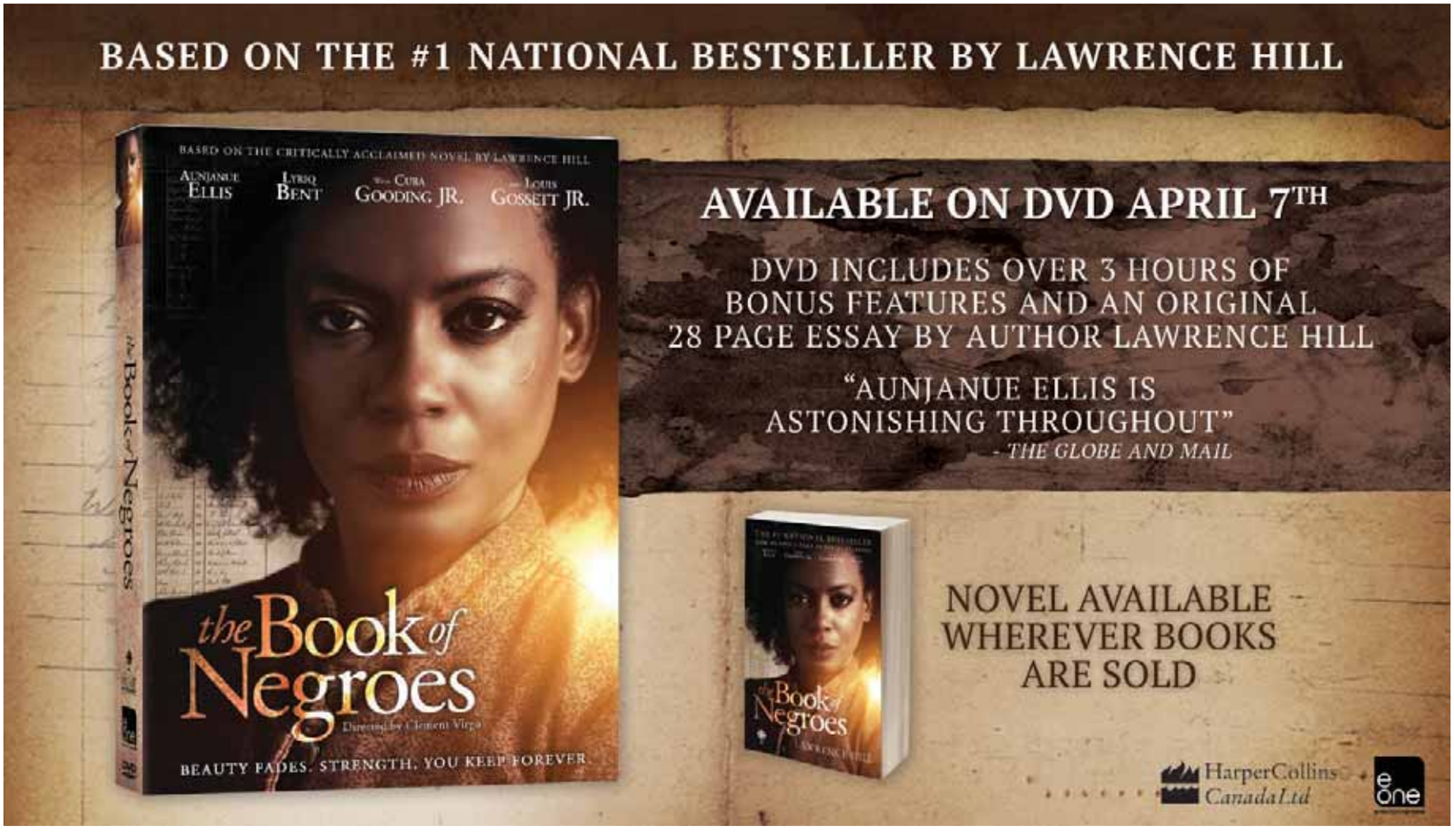
> **"You get these tantalizing elements that start to make everything feel more real.**
> Matt Shakman on making Cut Bank

Shakman says he knows after the film's theatrical run "a lot of people will see Cut Bank on their iPads," and while he prefers the communal experience of watching movies with an audience, he knows times are changing.

"They'll also watch Breaking Bad (on their tablets), so the line has blurred very much between the two kinds of content.

It's all just become stories and where you choose to find them and how you want them delivered."

Crime thriller Cut Bank stars Billy Bob Thornton and Liam Hemsworth. CONTRIBUTED


BASED ON THE #1 NATIONAL BESTSELLER BY LAWRENCE HILL
BASED ON THE CRITICALLY ACCLAIMED NOVEL BY LAWRENCE HILL
AUNJANUE ELLIS
LYRIQ BENT
CUBA GOODING JR.
LOUIS GOSSETT JR.
the Book of Negroes
Directed by Clement Virgo
BEAUTY FADES. STRENGTH. YOU KEEP FOREVER
AVAILABLE ON DVD APRIL 7TH
DVD INCLUDES OVER 3 HOURS OF BONUS FEATURES AND AN ORIGINAL 28 PAGE ESSAY BY AUTHOR LAWRENCE HILL
"AUNJANUE ELLIS IS ASTONISHING THROUGHOUT"
- THE GLOBE AND MAIL
NOVEL AVAILABLE WHEREVER BOOKS ARE SOLD
HarperCollins Canada Ltd
e one

Arya Stark, hardened by her life on the run, is headed solo toward the city of Braavos. CONTRIBUTED

Catch up on your GoT plot lines

Battling warriors and wrangling dragons on Game of Thrones is easy. Weathering the bitter cold north of The Wall is a snap. What's hard is keeping track of all the storylines and remembering how things were left hanging when last season ended all those months ago. With the return of Thrones for its fifth season on Sunday at 9 p.m. EDT on HBO, here's a reminder of what some of the characters were up to, way back then. And if you're not caught up, spoiler alert:

1 Jon Snow
Was attempting to broker peace with the wildling army of Mance Rayder, self-styled King-Beyond-the-Wall, when Mance's camp was attacked by troops led by One-True-King Stannis Baratheon.

2 Mance Rayder
Was taken prisoner by Stannis, who ordered him to kneel in surrender, something Mance, a stubborn sort, refused to do.

3 Stannis Baratheon
Left the impression, yet again, that he's not the forgiving type.

4 Tyrion Lannister
Often dismissed for his diminutive stature, but tough as nails, let loose a couple of fatal bolts from his crossbow at his father, Lord Tywin Lannister, who had it coming. After this execution, Tyrion was whisked away by Varys, a eunuch, and the two set sail for freedom.

5 Brienne of Tarth
A towering woman and would-be knight, was determined to fulfil her pledge to save the headstrong girl Arya Stark from the grip of thuggish Sandor Clegane, as she nearly killed him in a brawl. But Arya refused to join her and vanished from sight.

6 Arya Stark
Hardened by her hard young life on the run, took vengeance on her captor, Sandor, by refusing to put him out of his misery with her sword as he lay gravely wounded after his rumble with Brienne. She left him dying in agony as she took off solo for the city of Braavos.

THE ASSOCIATED PRESS

TECH

Lego brings toys to life with new platform

The creators of the Lego video games are building their own rendition of a toys-to-life franchise.

Warner Bros. Interactive Entertainment and TT Games unveiled plans Thursday for Lego Dimensions, a game and toy line combining real-world Lego bricks and figures with virtual game worlds depicted on screen. It's similar to the popular Skylanders, Disney Infinity and ambiio series from Activision-Blizzard Inc., Walt Disney Co. and Nintendo Co.

Lego Dimensions will click together several Lego-ized versions of entertainment properties, including The Lord of the Rings, Back to the Future, DC Comics, The Wizard of Oz.

"I think The Lego Movie helped open the door," said TT Games managing director Jon Burton, who served as a producer on the film. "We've found that everyone from the intellectual properties we've partnered with were hugely open to this idea. It's lent itself to creating this world where hopefully it's only bounded by the imagination of the kids playing it."

The series' starter pack, which is scheduled for release Sept. 27 for all major consoles at $99.99, will include the game, a reader and pieces to construct a Lego portal on the device, as well as figures of Batman, the Batmobile, Gandalf and Wyldstyle from The Lego Movie. The trio is set to be voiced respectively by Troy Baker, Tom Kane and Elizabeth Banks.

The reader, which is divided into three sections and can detect up to seven Lego figures or vehicles at a time, doesn't visually scan the bricks. Instead, the Lego figures and vehicles can be affixed to individually marked discs containing radio frequency identification technology that's transmitted to the reader, just like the Skylanders and Infinity toys.

THE ASSOCIATED PRESS

Everything noodle under the sun

JAPAN

Ramen soup so revered entire museums are devoted to it

There are two kinds of ramen in this world. There's the packaged staple of dorm-room cuisine, one of the most processed, industrialized foods ever invented. And then there's the trendy, artisanal, handmade soup that fans line up for hours to try.

But in Japan, ramen isn't just for eating: There are entire museums devoted to it. Yokohama, a short train ride from Tokyo, has one museum for instant ramen and another for handmade ramen, and both offer samples to taste or take home.

At the Shin-Yokohama Raumen Museum (the extra u gives the word a retro feel), you'll find nine shops showcasing different styles of ramen. The English brochure helpfully describes the soup at each, noting whether the noodles are straight, curly or wrinkled, and how thick they are using a five-point scale. The richness of the broth is also rated on a five-point scale.

At each shop, you order and pay for your ramen in an old-fashioned way, via a ticket vending machine in front with photos on the buttons. Some varieties are offered in small portions so you can try more than one type, although for some visitors, one small portion will be enough. If you can't tell, ask the staff which button is mini-ramen (the term is the same in both languages).

If you're weary of foodie seriousness about what is, after all, simple noodle soup, the antidote is just a short train or subway ride away: Yokohama also has a branch of the Cup Noodle Museum.

Where Shin-Yokohama Raumen Museum is a food theme park for adults, Cup Noodle Museum is designed for kids. The small print on its brochure notes that it's formally named the Momofuku Ando Instant Ramen Museum after the inventor of instant ramen. Run by an educational foundation that Ando started, the fun here is designed to support some high-minded goals with exhibits about creativity and invention.

Exhibits include a reproduction of the modest shack where Ando invented Chicken Ramen, a display of the astonishing number of varieties of instant ramen that the Nissan Food Products company has produced since then, and a food court called Noodles Bazaar. And there's a play area where kids can experience the Cup Noodle manufacturing process from the point of view of the noodle.

The main attraction here, though, is the make-your-own section. For a separate fee for a timed ticket, kids (or adults) can make their own personal Cup Noodle, decorating the cup, then putting in the noodles and choosing the soup and toppings. Watch the lid get sealed and the whole cup shrink-wrapped, then your creation is enclosed in a cool protective package that you pump air into to cushion it on the trip home. A warning: Cup Noodle Museum, educational as it is, is extremely popular with school groups and is packed with them some weekdays.

THE ASSOCIATED PRESS

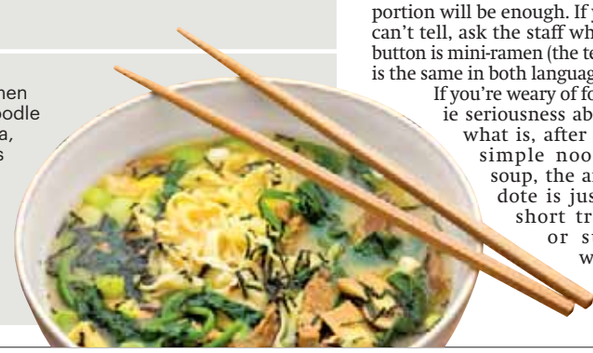
Instant ramen soup packages on display at the Cup Noodle Museum in Yokohama, Japan. The museum honours the inventor of instant ramen. LINDA LOMBARDI/THE ASSOCIATED PRESS

An exhibit at Shin-Yokohama Raumen Museum, a food theme park devoted to ramen noodles, depicting storefronts in a re-created 1958 shopping district. LINDA LOMBARDI/THE ASSOCIATED PRESS

IF YOU GO

Ramen museums
Shin-Yokohama Raumen Museum and Cup Noodle Museum in Yokohama, are about 45 minutes by train from Tokyo.

Websites that have directions in English: raumen.co.jp/english/ and cupnoodles-museum.jp/english/



DEALS OF THE WEEK
NON-STOP FLIGHTS from Toronto, Hotel & Transfers

Punta Cana | DOMINICAN REPUBLIC
Occidental Grand Punta Cana
All-Inclusive • Junior suite
May 22 & 29 • 1 wk.
$489
Add taxes & other fees: $436

Riviera Maya | MEXICO
Occidental Grand Xcaret
All-Inclusive • Deluxe rm.
May 29 • 1 wk.
$549
Add taxes & other fees: $395

AIR CANADA VACATIONS
Contact your travel agent
aircanadavacations.com
OCCIDENTAL HOTELS & RESORTS

Occidental Grand Xcaret

tico.ca
Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on April 10, 2015, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Toronto - Pearson International Airport in Economy class and include surcharges. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. TICO registration #50013537. ■ ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

TRAVEL NOTES FROM FINDING THE LOWEST AIRFARES TO TIPS FOR WEST HOLLYWOOD

New: All-natural travel kits
The Canadian-made Consonant natural skin-care line has launched a couple of new travel kits full of miniatures of some of their top products. The company uses organic botanical ingredients, affirming that what goes on your body also goes in your body. Includes The Perfect Sunscreen, one of the smoothest, most non-greasy, mineral-based sunscreens out there. Pictured set, $225. Visit ConsonantSkincare.com.

Bucket List: West Hollywood
While L.A. can be overwhelming, choosing West Hollywood as your home base will make it manageable. There's a lot to do: Check out the up-and-coming comedians at the Comedy Store on Sunset Strip or prop up a corner of the bar at the Chateau Marmont. Pop into the Standard Hotel (pictured) for a dip in the pool and some lunch or play Spot the Celebrity at the Mondrian Hotel patio bar.

Tip: Find the lowest airfares
It's sometimes not where you search for cheap flights, but when. The moment you see an airline sale, wait until the next afternoon to hunt for a fare, because all the airline's competitors will be trying to match the previous day's sale price. The sweet spot for buying domestic tickets is 55 days in advance. Best day to fly? Tuesday, because there is less demand for seats and the prices are lower. DOUG WALLACE

Skydive without leaving Earth

IFLY

Experience weightlessness at iFly Toronto wind tunnel

There is a place just outside Toronto where humans can fly.

And flying makes a nice birthday gift, especially for a 12-year-old playing hooky from school.

Suzanne Lyon took her son, Jack, out of school last week to skydive indoors at iFly Toronto in Oakville, Ont.

Jack falls into the vertical wind tunnel where air rushes from below up to 250 km/h, or "a couple hurricanes" worth of wind.

Then he floats for a minute or two, like a skydiver would do after jumping from a plane. The experience is similar to free falling without the crippling fear that can come with hurtling toward Earth at breakneck speeds.

Amazing. Extraordinary. Awesome.
12-year-old Jack

He dips, dives and sometimes crashes into the wall of the cylindrical chamber with instructor Adrian Uracz standing nearby, sometimes pulling him back and helping him.

He looks a little like a bird learning to fly.

Jack says it was "amazing" and "extraordinary" and "awesome."

But the actual experience is difficult to describe.

"I don't know what to say," says the boy of few words. But he smiles a lot.

Uracz is more verbal. "It's such a different feeling from what you would have in your everyday life."

Later the instructor shows the rookies how to really fly in the chamber, twisting, turning, flipping and floating at will, as if he lives in a world without gravity. Flyers can learn these tricks over time through iFly's academy with coaches like Uracz.

The facility opened last May and there are 23 others like it around the world, but a wind tunnel in Montreal is the only other one in Canada.

Four giant fans at the top of the building powered by 350-horsepower engines act like a vacuum and suck air up, before sending it back down nearby vents to recirculate. The flyer floats in the middle of this vacuum.

Both Jack and his mother have come before.

Her husband surprised Suzanne Lyon one date night with a trip to iFly — she thought they were going mini-golfing. They returned to let Jack fly and expect they'll be back many times in the future.

Maybe he'll never be able to put the experience into words, but if he can, it will surely involve a lot of superlatives.

THE CANADIAN PRESS

Jeff Finkler, left, is guided by an instructor while trying indoor skydiving at iFly Toronto.
DARREN CALABRESE/THE CANADIAN PRESS

IF YOU GO

What you need to know
- iFly Toronto is open daily. Flights begin at $72.
- There are risks involved and pregnant women and those who have dislocated their shoulders previously shouldn't participate.
- Children aged four and up can fly but must be accompanied by an adult.
- Find out more at: ifly-toronto.com

GREAT DEALS TO CUBA THIS MAY!

Holguin
Brisas Guardalavaca ★★★★
May 2 • 1 week • All Inclusive
$488 +$210 TAXES & FEES

Varadero
Brisas Del Caribe ★★★+
May 9 • 1 week • All Inclusive
$538 +$210 TAXES & FEES

Cayo Coco
Hotel Colonial Cayo Coco ★★★★
May 1 • 1 week • All Inclusive
$588 +$210 TAXES & FEES

Hola Sun
The Cuba Specialist

traveldiscounters.ca
We will beat your travel agent prices on all Vacations!
1-800-842-6943 BOOK ON LINE 24/7

BONUS Free "tours" exclusive for Hola Sun passengers when booking a package to Varadero, Cayo Coco, Holguin, Havana, Santiago de Cuba or Camaguey

Prices are in CAD, per person, based on double occupancy and subject to change without notice. Space is subject to availability at time of booking. Rates based on lowest room category offered. All departures are from Toronto on Cubana Airlines or Air Transat and taxes of $210 must be added to the published rates. All ebb's mentioned will reflect in the published rate. Refer to our 2014/2015 brochure for full terms and conditions. Hola Sun Holidays • 146 West Beaver Creek Rd., Unit 8, Richmond Hill, L4B 1C2. Ont Reg. 4062527.
tico.ca Cuba

Go camping in comfort with no-hassle oTENTiks

PARKS CANADA

New structures will help to accommodate more campers

Parks Canada is almost doubling the number of its new oTENTik camping structures in national parks and other locations across the country.

An oTENTik is a cross between a tent and a cabin and is intended to add a degree of comfort to camping. After rolling out a few dozen of the units in 2013, initially at La Mauricie National Park in Quebec, Parks Canada made 124 available across the country last year, mostly in national parks but also at a couple of national historic sites in B.C.

This year the number of units will hit 238, said Francois Duclos, Parks Canada manager of visitor experience infrastructures.

"They've been incredibly popular," Duclos said. "In most locations it's difficult to keep up with the demand." Users include adults who camped as kids and now want to relive the experience without the hassles of setting up a tent and packing a ton of gear. As well, younger first-time campers are trying them out, Duclos said.

The cost ranges from $90 to $120 a night for a structure that can accommodate six people.

Cape Breton Highlands National Park. ISTOCK

238

The number of oTENTiks that will be available to campers in national parks this year.

That compares with $25 to $40 for typical campsites, which remain the No. 1 accommodation draw in national parks, Duclos said.

But for those campsites, users often have to stuff their cars with hundreds of dollars worth of gear, most of which is unnecessary with an oTENTik, Duclos said.

New locations for the units this year include Georgian Bay Islands National Park, Ont.; Cape Breton Highlands National Park, N.S.; Prince Edward Island National Park; and Terra Nova National Park, N.L. Most of the structures will be available in time for the peak summer season.

Parks Canada is also trying them on canals, including the Trent-Severn Waterway and Rideau Canal in Ontario, and is exploring possible sites on the Lachine Canal in Montreal.

To reserve an oTENTik site, visit pc.gc.ca. THE CANADIAN PRESS

TRAVEL TIPS

Your holiday doesn't have to break the bank

ON THE MOVE
Loren Christie

A cheap week at an all-inclusive is the go-to vacation for many of us, but a recent survey from TD Bank showed that 79 per cent of Canadians are interested in doing more with their holiday time. While the cost of a more experiential holiday is perceived as prohibitive, it doesn't have to be.

Pick your time wisely

Avoid travelling in July and early August. If there are discounts to be had, you will usually find them in the first half of June and in late August through September. Research your destination and avoid being there during citywide conventions or big-name events, like this summer's Pan Am Games in Toronto, when the high demand inflates airline ticket prices and hotel room rates.

Travel from alternative airports

Secondary airports cost less to fly in and out of than major international airports. If you're heading to the United States, consider driving cross-border and catching your flight at an American airport. In Vancouver? Head to Bellingham, Wash. If you're in Toronto, fly out of Buffalo or Syracuse, N.Y.

Embrace alternative accommodations

Instead of hotels, stay at a bed and breakfast, book private accommodation online through websites like Airbnb or couchsurfing.com, or stay in a hostel.

Do the free stuff

Hit festivals, markets and parks. Museums and art galleries usually offer free admission one day of the week. Concert halls tend to offer free or reduced-fee performances on mid-week afternoons. Historic sites are often free or charge nominal entry.

Spend and save wisely

Create a high-interest vacation savings account and keep it separate from your day to day accounts. Saving $25 a week can generate $1,300 in a year toward a holiday fund. Pick a credit card that offers travel benefits. Banks are extremely competitive and have added many benefits for their cardholders in order to attract and keep business.

You don't have to blow all of your cash to have a great vacation. ISTOCK

marlin travel
visit marlintravel.ca

Book with Marlin Travel and Earn AIR MILES® reward miles

Flights are from Toronto via Air Transat. Prices shown are per person, based on double occupancy in lead room category, unless otherwise stated. Space and prices are subject to availability at time of booking. Prices advertised are valid from April 10 to 13, 2015 only. Taxes and fees are extra and noted above. Travel Agency fees may apply. For full descriptions and terms and conditions, refer to the Transat Holidays 2014-2015 Sun Collection brochure or transatholidays.com. Transat Holidays is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Ontario (Reg. # 50009486) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8. ®Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc, and Transat Distribution Canada Inc. Marlin Travel is a division of Transat Distribution Canada Inc. BC Reg.#23567 ON Reg: 50015084. Head Office: 191The West Mall, Suite 700, Etobicoke, ON, M9C 5K8. Base reward mile offer is 1/$35 on vacation packages, cruise fares and charter flights. Not applicable on scheduled airline or rail tickets, hotel and car reservations paid locally, taxes, service fees, non-commissionable items, foreign exchange and insurance. Other conditions may apply.

Guaranteed Group Tours
EUROPE
France, Switzerland, Vatican, Monaco, Italy
12 days from CAD$1549 p/p + taxes
AIRFARES INCLUDED!
Tour Highlights:
Water Tower, Swiss Alps, La Scala opera house, Galleria Vittorio Emanuele II, San Marco Island, Basilica di San Marco, Bridge of Sighs, Doge's Palace, The Vatican City, St Peter's Basilica, Sistine Chapel, Trevi Fountain, Coliseum, Arch of Constantine, Michelangelo, Piazza del Duomo, Uffizi Gallery, Leaning Tower, Monte-Carlo casino
Departure dates:
June 02, July 28, and August 04
France, Luxembourg, Germany, Netherland, Belgium
7 days from €73 per person/per day
Land only
Tour Highlights:
Rhine and Mosel rivers.
Porta Nigra, Place de Constitution, Pont Adolphe, Niederwald monument, Römerberg, Ludwig Van Beethoven Haus, Gothic cathedral, Atomium monument, Place de la Concorde, Arc de Triomphe, Napoleon's tomb, Eiffel Tower, Palais Garnier
Departure dates:
Weekly Departure
Call us on 905-695-2229
visit www.compassholidays.net
60 West Wilmot St., Unit 1, L4B 1M6
TICO No:467111
COMPASS Holidays

metro SPORTS

Saskatoon's Trey Lyles will leave Kentucky to enter this summer's NBA draft

WEEKEND, April 10-12, 2015

Spieth in familiar spot at the top

MASTERS

21-year-old has three-stroke lead after the first round

Jordan Spieth was already one of the hottest players on the PGA Tour.

He showed no signs of letting up at the Masters.

There are still three rounds to go, but the 21-year-old Spieth looks very much like the one to beat after opening with an 8-under 64 and making a serious run at the major championship scoring record Thursday.

If not for a blunder at the par-5 15th, where Spieth's tee shot left him perfectly positioned for no worse than a birdie but he wound up making bogey, he very well could have been the first player to shoot 62 at one of golf's biggest events.

As it was, Spieth came up just short of the record, which is 63, but can't complain about a three-shot lead heading to Friday.

Ernie Els, Justin Rose, Jason Day and Charley Hoffman all shot 67. Sergio Garcia and Russell Henley were another stroke back with 68s.

"To make nine birdies out there, that's a dreamy round for me," Spieth said. "It was a lot of fun."

None of this should be a surprise. Not the way he was playing leading up to Augusta, having won, finished second, and lost in a playoff in his three previous tournaments. Not the way he played a year ago in his Masters debut, leading on Sunday before fading down the stretch to finish in a tie for second behind Bubba Watson.

Maybe it was the experience last time that kept from getting too worked up about his brilliant start. There's an endless list of players who led a major after the opening round and were long gone by Sunday.

But it would be a huge surprise if Spieth fades away.

"I was leading last year at one point by a couple of shots on Sunday," he recalled. "It didn't go my way. I know how many things can happen in a major championship. I'll try to learn from last year and stay patient these next three rounds."

Meanwhile, Tiger Woods displayed improvement in his return to competitive golf. He's still got a lot of work to do, however, before he's ready to compete for his 15th major championship.

Woods finished with a 1-over 73.

"You know, I'm still in it," Woods insisted. "I'm only nine back. And we have a long way to go. And we don't know what the Masters is going to do, what they're going to do with the greens or the golf course. You know how they like to change things every now and then."

Pre-tournament favourite Rory McIlroy bogeyed No. 11 putting him at 1 over before coming up with two birdies on the next four holes to give him a 1-under 71 for the opening round Thursday.

"I just kept telling myself to be patient out there today," McIlroy said. "It was a tricky day. The wind was swirling a little bit. Pin positions were tough. Anything under par I felt was a pretty good score. It was nice to pick up a couple birdies on the back nine on the par 5s there. Pretty satisfied with today's work."

The Northern Irishman said he likes how he is driving the ball and needs some of that patience with his irons.

"I'll hope to be right there at the end of the week," McIlroy said. THE ASSOCIATED PRESS

CANCON

In Canadian results, amateur Corey Conners of Listowel, Ont., was 8 over while 2003 Masters champion Mike Weir of Bright's Grove, Ont., was 10 over.

Jordan Spieth receives a loud ovation upon scoring a birdie to end his first round of the Masters on Thursday in Augusta, Ga.
ANDREW REDINGTON/GETTY IMAGES

Arnold Palmer, left, Jack Nicklaus and Gary Player got things started Thursday as the honorary starters.
TIMOTHY A. CLARY/ AFP/GETTY IMAGES

The GRAND SLAM *of* CURLING

PLAYERS' CHAMPIONSHIP

The Battle For THE HAMMER

PINTY'S GRAND SLAM OF CURLING

APRIL 7 – 12, 2015 | RYERSON'S MATTAMY ATHLETIC CENTRE TORONTO, ONTARIO

FOR TICKETS VISIT TICKETMASTER.CA OR CALL 1-855-985-5000 SN

WANT TO MAKE YOUR summer EPIC?

START A WORLD-CHANGING JOURNEY AT TAKE ACTION CAMP.

IN SUPPORT OF ME TO WE | FREE THE CHILDREN

METOWE.COM/CAMP TAKEACTIONCAMP@METOWE.COM 416.964.8942 x 510

Lowry seeing progress in treatment for ailing back

NBA

Raptors all-star has sat out nine games with latest injury

Kyle Lowry was in a lively mood when he sat down to talk with reporters after practice on a sunny Florida afternoon.

The all-star of the Raptors backcourt said he spent the team session Thursday pushing his body to the limit, testing his sore back to see whether it is game ready. And it felt good.

"My body's reacting very well to the treatment and the rest and the work I've been putting in," said Lowry, who has been out for nine games due to back spasms.

The point guard is listed as questionable for Friday's game against the Magic and, while Lowry says he is ready to return, he admitted he is taking the time he needs to be sure nothing will be aggravated by making a hasty return for the sake of getting some reps in before the post-season.

Lowry tweaked his back March 20 against Minnesota and left the game grimacing. He came back three games later, but lasted just 11 minutes and hasn't played since.

He doesn't want that recent history repeated.

"If it happens again, it's going to be tough," he said.

"It's one of those things that it's definitely on my mind, but I gotta try to — I feel good enough to play — I just gotta go in and try it."

The Raptors are 6-6 without Lowry this season, with Greivis Vasquez filling his starting role. The sixth win came Wednesday in Charlotte, lifting the team back into third place in the Eastern Conference with a 46-32 record.

Asked about the emerging playoff picture, coach Dwane Casey dismissed the notion it would be better for Toronto to finish fourth — and avoid a potential second-round series with LeBron James and the second-place Cleveland Cavaliers.

The Raptors have gone 6-6 this season in games without point guard Kyle Lowry. DAVID COOPER/TORSTAR NEWS SERVICE

> **As long as we know we have a group of individuals who are going to play hard every night, wherever we finish, it doesn't matter.**
> Patrick Patterson

"Let's cherish the fact that first we've accomplished one of our goals. We're in the playoffs. Cherish the fact that we have won our division," Casey said. "Let the chips fall where they may. We're not in the place where we can pick and choose our opponent because, at the end of the day, you gotta be careful what you wish for."

The Raptors have four games left in the regular season, starting with Orlando on Friday night, then visits to Miami and Boston.

The team wraps up the campaign at home next Wednesday against the Hornets.

TORSTAR NEWS SERVICE

NHL

Leafs recall Orr at contract's end

The Toronto Maple Leafs have recalled enforcer Colton Orr from the AHL's Marlies.

Orr is expected to play in the regular-season finale Saturday against the Montreal Canadiens.

The Leafs brought the 33-year-old forward back to play one more NHL game.

Orr's contract expires this summer.

Orr spent this season in the minors after two years with the Leafs. THE CANADIAN PRESS

Colton Orr GETTY IMAGES FILE

IN BRIEF

Tigers set AL shutout record to start season

The Detroit Tigers set the modern AL record for the longest shutout streak to start a season, extending their string to 24 innings while beating the Minnesota Twins 7-1 on Thursday.

Under new manager Paul Molitor, Minnesota (0-3) scored its lone run in the seventh.

Detroit broke the AL mark of 22 innings set by the 1947 Chicago White Sox, STATS said.

THE ASSOCIATED PRESS

HERNANDEZ TRIAL

Photographer banned from court

A photographer for a Boston TV station was banned from the murder trial of former New England Patriots player Aaron Hernandez on Thursday after he acknowledged following jurors to their parking spots, which the judge said was prohibited.

On the third day of deliberations, Superior Court Judge Susan Garsh banned Robert Cusanelli of WHDH-TV from the courthouse.

Two jurors informed the court Thursday morning that they saw someone watching them in a Ford Explorer. One took a picture of its license plate. THE ASSOCIATED PRESS

16

Jurors have deliberated for nearly 16 hours over three days as of Thursday afternoon.

ROGERS CENTRE

Top Chef cook adds to menu

When the first pitch is thrown at Rogers Centre on Monday, Toronto Blue Jays fans will be able to sample from an updated menu cooked up by a Top Chef Canada contestant.

Elizabeth Rivasplata, who competed in Season 2 of the culinary competition, is the stadium's new executive chef.

She says the new menu is inspired by the city's many cultures and neighbourhoods and she's using local ingredients and suppliers as much as possible.

"We work really close with the Jays to develop the menus," she said Thursday. "We will never take the hotdogs or burgers or chicken fingers from the menu. It's just we increased the regular offerings."

Go to metronews.ca for coverage of Thursday night's rubber match between the Yankees and Blue Jays.

The Peru native wanted to focus on comfort foods beloved by Torontonians — like the peameal bacon sandwich, which she used as inspiration for a ballpark-friendly sausage.

"We spent a couple of months testing different items and we came up with the perfect recipe for the peameal bacon sausage," she said.

It will be served on a cornmeal bun at the stadium's Hogtown Grill (honey mustard and caramelized onions optional).

The Distillery District Roast Beef Dip sandwich — with jus, roasted garlic aioli, horseradish mayo, crispy red onion and rocket greens on a herb baguette — will be available at Muddy York Market.

Other offerings include fish and chips, hand-dipped corned dogs and porchetta sandwiches.

The Blue Jays play their home opener Monday night against the Tampa Bay Rays.

THE CANADIAN PRESS

Elizabeth Rivasplata, the Rogers Centre's new executive chef
HANDOUT/THE CANADIAN PRESS

A rare Leafs positive: The end is nigh

THE HOCKEY NEWS
Adam Proteau

As this garbage fire of a Maple Leafs season lurches and sputters to a close, it's clear this is one of the worst squads the franchise has ever put on the ice. The current group is unlikeable to say the least, and gave fans virtually nothing to cheer for during the now-traditional second-half-of-the-season collapse.

But here's something to keep your spirits up, Leafs fans: it's just about over and the team can't do much worse than this. And if Brendan Shanahan and Co. play their cards right, the city will forget about 2014-15 in short order.

Look at other teams that have quickly turned around their fortunes: The Tampa Bay Lightning had some abysmal seasons before and after drafting Steven Stamkos, but do their fans dwell on that history now, or do they revel in the franchise's savvy drafting and development? The Blackhawks couldn't convince people to attend games before the arrival of Jonathan Toews and Patrick Kane, but do Chicagoans focus on the angst and bitterness of that era? I think you know the answer to both questions.

Winning cures all.

ANALYTICS

During the regular season, we're monitoring the advanced stat "PDO", — calculated by combining a team's shooting percentage at even-strength with its save percentage — as a glimpse into its all-around performance. The Leafs are tied for 15th overall in the NHL with a 99.5 rating — the same mark they had when last we checked two weeks ago. Ten teams have a PDO worse than Toronto's. The New York Rangers hold top spot with an NHL-best PDO of 102.1, while Edmonton reclaimed last place with a 96.9 mark.

And this is not to say the Leafs' misery will continue forever if Toronto doesn't land junior phenom Connor McDavid in next week's draft lottery. Most likely, they'll draft in the four slot and be able to select an excellent player (OHL stars Dylan Strome or Mitch Marner?) who will be a key member of the team for years to come. The trick will be for the management team — including top prospect man Mark Hunter — to mine the draft for talent beyond that top pick. Remember, the Leafs hold Nashville's first-rounder this year, so that's two potential important pieces of the puzzle — if they do things properly.

Years from now, if Shanahan's blueprint comes together, Leafs fans will be able to laugh at 2014-15. It may not seem like it now, but in many respects, this type of washout was a long time coming — and was probably necessary to show Toronto just how much rot had set in. If you believe in the "no pain, no gain" method, the gains should be here any year now.

The show's about to begin for Brendan Shanahan's front-office team.
TORSTAR NEWS SERVICE

Service Directory

To advertise contact Ian March at 416-443-4388

PSYCHIC

God Gifted Indian Most Powerful Spiritualist
Pandit: Sada Shiva
LOVE PSYCHIC (Indian)
Excellent Master in Getting rid of Evil Spirits, Black Magic, Voodoo & Bad Luck
Specialist in Bringing Back Loved one's 38 Years Exp.
He Helps in Bringing Financial Happiness, Health & House Protection & Good Luck
He can Handle overpowers IMPOSSIBLE problems
416-625-7365
880 Ellesmere Road, #B101, Scarborough M1P 2W6 (Kennedy & Ellesmere)

World Famous Spiritualist
Pandit: BHAVANI SHANKAR
He can Handle Impossible Problems
He can Solve all Problems
Marriage, Love, Education
Kids, Health, Job, Business, Court,
Money, Sexual, Divorce, Enemy
Family Prob., Property Etc
All Religions Welcomed
100% Guaranteed Results
Removes Black Magic,Witchcraft,Evil Spirit, Obeya, Bad Luck,Jadoo & Gives 100% Life-Long Protection
647-739-7159
5010 Steeles Ave.W Etobicoke, M9V 5C6 # 7, INSIDE DOLLAR PLUS, NEXT TO UDHAYAS

WORLD FAMOUS SPIRITUALIST & PSYCHIC
Master: HARI KRISHNA
Special & International Astrologer
Expert in Solving Problems
Health, Husband-Wife, Children, Family, Sexual, Love, Money, Job, Business, Court, Depression, Education etc.
I CAN HANDLE ANY PROBLEM
REMOVES BLACK MAGIC IN 3 DAYS AND GIVES 100% LIFE LONG PROTECTION
QUICK RESULTS
647-299-7352
2519 Finch Ave West, North York, M9M 2G1 (Near Finch & Weston Rd), FINCH & MILVAN

Pandit: DURGA
The Most Powerful Spiritual Healer
EVERY PROBLEM HAS A SOLUTION...MEET ME ONCE
Perfect Guidence for Bright Future
Family Problem,Money,Health,Job,Love Sexual,Marriage,Enemy,Business,Divorce Jealousy,Education,Court,Children Mistake,Etc
Husband Wife Problems
100%Removing Black Magic,Spirits,Obeya,Voodo,Jodo Bad Luck,Jealousy,Witchcraft And Gives Strong Protection...
647.838.3353 / 647.838.3522
Unit 30 ,2300 Lawrence Ave,East,Scarborough ON M1P 2R2 (Kennedy & Lawrence) Opposite Dollarama

Famous Indian Astrologer & Psychic
MASTER GURU RAGHVENDRA
SPECIALIZED IN BRING BACK LOVED ONES
OVERPOWER IMPOSSIBLE PROBLEMS
Passed down from Generation to Generation
Removes Problems like Money, Court Love, Business, Education, Depression Enemy, Sexual, Health, Marriage Job
Removes Black Magic, Evil Spirits & Gives 100% Protection
Powerful & Godgifted Spiritual Healer.
He can Handle all kinds of Problems
CALL FOR APPOINTMENT
647-713-9399
1062 Albion Rd Etobicoke M9V 1A7 ALBION & ISLINGTON, INSIDE POOJA HUT

KALI MATA ASTROLOGER & LOVE PSYCHIC
Pandit: ARVIND
Most Experienced & Senior Person Removing Black Magic
Marriage * Husband-Wife Prob
Job * Relationship * Kids Prob * Business * Spiritual
Evil Effects * Enemy * Court * Property * Family Etc
Specialist in Bringing Back Loved ones
IF YOU HAVE PROBLEMS, I HAVE 100% GUARANTEED SOLUTIONS
REMOVES BLACK MAGIC, JADOO, VODOO, BUTTU & GIVES 100% PROTECTION
MEET ONE TIME & SEE YOUR FUTURE CHANGING 100%
647-740-9998
2057 Lawrence Ave E, #9, Scarborough M1P 2S9 (BRIMLEY & LAWRENCE) & (BRIMLEY & EGLINTON)

FALI African Spiritual Reader
35 years of experience. Knowledge passed down from generation to generation. Problem solving by means of deep consultation in the mirror with effective competence, seriousness and secrecy. Specialized in reuniting relationships, business growth, jobs, court cases, removing evil spirits, protection.
Satisfaction guaranteed!
Pay after Results
Don/Mills/Sheppard
www.falipsychic.com • fali75@gmail.com
CALL 416.614.8057

SRI RAJA RAJESHWARI ASTROLOGER
Indian Special Astrologer
Pandit: KRISHNA
Expert in Palm reading, Face Reading, Patra Reading & Photo Reading
1 FREE QUESTION
Pandit is expert in Removing Black Magic, Voodoo Generation curses, Evil Energy, Witchcraft & Bad Luck
With the Blessing of Kali Matha and Durga Matha, He will Remove all Bad Negativity & Solves Problems
416.804.9217
630 Peter Robertson Blvd, Brampton ON L6R 1T4
Peter Robertson Boulevard & Dixie Rd Intersection

SPIRITUALIST OMAR
Very Powerful Spiritualist, Medium and Healer with a Special Gifted Power to:
- Reunite loved ones, marriage and family.
- Good luck in finding lasting soul mates.
- Help with erectile dysfunction.
- Help with court cases.
- Lucky charm for individuals and business.
- Helps with children and family problems.
- Protection against enemies and evil spirits.
- Helps relieve negative energy.

Thank you Omar for bringing my boyfriend back in my life. We are in a much better place now...we no longer argue and he is very sweet and kind to me. - LISA
CONFIDENTIAL Payment after results
100% guaranteed
647-707-2315

@metrotoronto
metro

Durga Mata Astrologer
Pandit: DURGA PRASAD
Private & Confidential
DISAPPOINTED BY OTHER ASTROLOGERS...? THEN MEET ME TO GET 100% SOLUTIONS
We Rectify your Problems, Explain you Reasons & Gives you Right Solution
Expert in catching Evil Spirits, Removal of Black Magic and Gives Immediate 100% Life Long Protection
647-739-9401
1560 Unit 108, Brimley Rd, Scarborough ON M1P 3G9 (BRIMLEY & ELLESMERE)

ITS MY CHALLENGE,NOBODY CAN BREAK MY WORK
MISSISSAUGA ASTROLOGER
MASTER: YOGI
Removes Any kind of Black Magic in 24 HOURS
Solutions: Jadoo, Voodoo, Obeya & Gives solutions for Family, Depression, Kids, Money,Job etc
HE CAN CLEAR ANY PROBLEM
647-768-7633
105 A Dundas St. E, Mississauga (Hwy 10 & Dundas), Next to DOLLARAMA

In 24 Hrs any problem can be Solved
INDIAN ASTROLOGER & PSYCHIC
Pandit: SRI SRI
Love * Marriage * Kids
Education * Business* Job
Money * Health * Sexual
Family Prob * Enemy*Court
100%Removing Black Magic* Evil Spirits*Obeya*Voodo*Jodo*Bad Luck*Jealousy*Witchcraft* And Gives Strong Protection...
289-242-1803
40 Dundas St W, Mississauga L5B 1H3 Hwy 10 & Dundas, Inside Bollywood Rush

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

OVERWHELMED BY DEBT?

CALL THE Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, CPA, CA, CIRP, Trustee

FREE Consultation 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

www.DavidSklar.com

CALL ERIKA
(LICENSED DEBT EXPERT)

STOP COLLECTION CALLS
GET DEBT RELIEF NOW!

Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.

1-877-332-8416
416-288-8048

Scarborough (Main office), Weston,
Brampton, Oshawa, Mississauga (Pt Credit)

Rusinek & Associates Inc — Trustee in Bankruptcy
www.rusinek.ca

WANT YOUR DEBT GONE?

WELKERANDCOMPANY.COM

WE'RE HERE TO HELP

- Erase your debt
- Stop collection calls
- Avoid bankruptcy
- Reduce your stress
- Stop garnishments
- Get a fresh start

FREE CONSULTATIONS

647-793-6411

MAIN OFFICE: 1989 WESTON ROAD, TORONTO
TORONTO | BRAMPTON | MISSISSAUGA | SCARBOROUGH | BARRIE

WELKER AND COMPANY

Federally Licensed: Proposal Administrator & Trustee in Bankruptcy

---

DEBT RELIEF

Are you drowning in debts?
I can help you...

- Consolidate debts, no interest
- Settle your debts without a bankruptcy
- Stop collection calls and garnishments
- Get rid of tax debts and court actions

NONA KUMAR
Estate Administrator
Credit Counsellor

Free Consultation: 416.455.7709
Evenings and weekends appointment also available

Rumanek & Co. Ltd. Administrators of Proposals,
Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON. Offices in Scarborough & Mississauga.

TOO MANY BILLS... ...GET A FRESH START!

Bankruptcy • Proposals
Debt Counselling

416-740-5400

Toronto • Rexdale
Etobicoke • North York
Don Mills • Bloor West
Scarborough

KEVIN THATCHER & ASSOCIATES LTD.
TRUSTEE IN BANKRUPTCY

905-273-6300 Mississauga • Brampton
1-888-329-5198 www.billfixer.com

FREE CONSULTATIONS
EVENING APPOINTMENTS
FLEXIBLE PAYMENTS

Head Office: Rexdale, others non-resident

LOWEST RATES for bad credit loans since1984

Need a loan?
FAST Same day loans

Personal loans ▸ Up to $5000 (1 yr on job; $18/hr.min.req.)*
Car paid off? ▸ Up to $20,000 (car 6 years or newer)*

Open loans. Pay off early. Get refund.

416 634-2026
*Call for details and conditions

PrudentLoanApprovals.com
A division of Prudent Financial Services

NEED MONEY TODAY ?

$500 Loans And Up
NO CREDIT CHECK - SAME DAY DEPOSIT

APPLY NOW

EasternLoans.com
1-855-223-9313

---

100 MILLION PRIVATE FUNDS

Get approved 1st/2nd mortgages
Weak credit, turn down
No income requirements
Self employed power of sale

Call now
(416)484-1000 est 38 years
Over 40,000 deals

CityCan Financial Corporation
"Smart Mortgage Choices"
Citycan Financial Lic#10532

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG

License # 11991

HEALTH

ANY PAIN STOP

Right away! 1st visit FREE for proof

FCA (Function Control Acupuncture)
Any pain can be improved right away when the body system is fully functional. For example, stimulate point A with a pen can improve the CHEST pain in a second! 4th finger

Back Neck Sciatica Muscle Migraine Arthritis...All kinds of pain
Insomnia Depression Skin disease Allergy...All disorders

Registered Acupuncturist
FCA Specialist RTCMP CS KIM
696 Sheppard Ave. West

WALK IN CLINIC
416 788 3837

EDUCATION

BECOME A PERSONAL SUPPORT WORKER

647-559-3965 • 416-969-8845

Financial Assistance May Be Available to Those Who Qualify
Second Career Training Funding May Be Available
FREE Instructor-Led English Classes

WWW.AOLTORONTO.COM

Academy of Learning Career & Business College (Bay/Bloor) is registered as a Private Career College under the Private Career College Act 2005 and is operated by 1069195 Ontario Inc.

MoneyProvider.com

$500 Loan and more — No credit refused

Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

MR Debt Solutions — Up to 85% debt reduction.

We GUARANTEE to Beat Anyone's Offer by 25% OR We Work for FREE.*

Pay ZERO INTEREST
Free $100 Gift Card*

- Free Credit Check*
- Home Service Available
- Trustees represent your creditors, we represent you.
- Private Loans*

MISSISSAUGA • NORTH YORK • BRAMPTON • SCARBOROUGH
416.424.1510
www.mrdebtsolutions.com
*Conditions Apply

@metrotoronto

metro

ANDERSON COLLEGE OF HEALTH, BUSINESS AND TECHNOLOGY

Become a Medical Lab Technician
Program Includes Practicum

Financial Assistance May Be Available to Those Who Qualify
Second Career Funding Available to Those Who Qualify
FREE Instructor-Led English Classes

647.691.0669 • 416.466.6107 • andersoncollege.com

Robotech Institute Inc. o/a Anderson College of Health, Business and Technology is a Registered Private Career College under the PCC Act 2005.

RECIPE Hoisin Chicken with Mushrooms and Bell Peppers

EAT LIGHT AT HOME
Rose Reisman
rosereisman.com
@rosereisman

Ready in
Prep time: 15
Cook time: 35

Directions

1. Preheat the oven to 425°F. Lightly coat a 9- x 13-inch casserole dish with vegetable spray.

2. Dust the chicken with the flour. In a large skillet lightly coated with cooking spray, add 2 tsp of the vegetable oil and set over medium heat. Add the chicken and sauté for about 8 minutes or until browned on all sides. Place in the casserole dish.

3. Wipe and respray the skillet, add the remaining 2 tsp of vegetable oil. Add the onion and sauté for 5 minutes. Add the mushrooms and sauté for 8 minutes or until the mushrooms are no longer wet. Add the bell pepper and sauté for 4 minutes.

4. Whisk together the soy sauce, hoisin sauce, water, garlic, ginger, sesame oil and rice vinegar in a small bowl. Add to the vegetables and cook for 1 minute. Pour over the chicken and bake for 10 to 15 minutes, or until the chicken is done. Garnish with sesame seeds and cilantro if using. Serve over rice or noodles.

Ingredients
- 1 1/2 lb skinless boneless chicken thighs (about 6 thighs)
- 1/4 cup all-purpose flour
- 4 tsp vegetable oil
- 1 1/2 cups sliced onion
- 4 cups sliced button mushrooms
- 1 1/3 cups sliced yellow or red bell pepper
- 1 1/2 tbsp low-sodium soy sauce
- 1 1/2 tbsp hoisin sauce
- 1 tbsp water
- 2 tsp finely chopped garlic
- 2 tsp finely chopped ginger
- 1 tbsp sesame oil
- 2 tsp rice vinegar
- 1 tsp toasted sesame seeds
- 3 tbsp choppeed cilantro (optional)

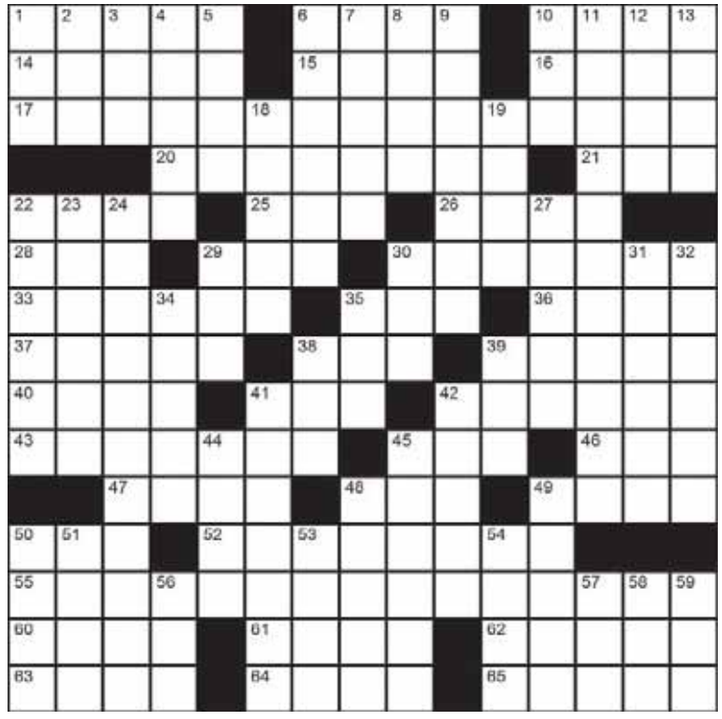
Nutrition per serving
- Calories 264
- Protein 23 g
- Carbohydrates 10 g
- Fibre 1.2 g
- Total fat 14.6 g
- Saturated fat 3.0 g
- Cholesterol 74 mg
- Sodium 270 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE metronews.ca



ACROSS
1. Upcoming comedy, "Paul _: Mall Cop 2" (2015)
6. Mario Puzo character
10. Bright fish
14. Oddity
15. With: French
16. Other
17. Nova Scotia: The Lighthouse Route is one scenic drive ...and this is another: 2 wds.
20. Quebec city/river
21. Edible tuber
22. Donkey/horse
25. Bronze Roman money
26. Headland
28. _ _ budget
29. Docs
30. "Remedy" on Global TV star, Diego _ (Trivia! He won the first VJ Search for Much-Music in 1995)
33. MLS properties
35. Gives birth
36. Collector's suffix
37. Cook's covering
38. Criticize
39. Fibre-_ cable
40. CNN's "The Wonder List with Bill _"
41. Clear
42. "Anchors _" (1945)
43. Triangular bone
45. Canadian hoops org.
46. Slade's "Take Me Bak '_"
47. Ink stain
48. Scottish writer Josephine
49. _ _ the kill
50. Hearer
52. Cameron _ (Canadian actor/TV host)
55. Subject of "Lord of War" (2005) starring Nicolas Cage: 3 wds.
60. Stare, stunned-style
61. Q. "Is '_' _ way to abbreviate Dublin's land?" A. "Indeed."
62. Serf of Sparta
63. US IDs
64. Actress Barbara
65. Acadian singer Ms. Butler

DOWN
1. Pre-A.D. indicator
2. Sweetie
3. The Altar constellation
4. Clean the fruit
5. Attire for Augustus
6. Appraises
7. Brick wall plants
8. Memphis, _.
9. Water-related Titan
10. Poetic preposition
11. Sony gaming system
12. Laos' locale
13. Leadership position
18. "My word!"
19. Salmon sort
22. Punk rocker hairstyle
23. Closed
24. Host of CBC Radio 2 program The Signal (Trivia! She is a Much-Music alum and has a cameo in Corey Hart's "Sunglasses at Night" video): 2 wds.
27. Straight-billed marsh bird
29. Fellows
30. Room cooler
31. Puzzling problem
32. Perfumed pouch
34. _-Tracy, Quebec
35. Milliner's creation
38. Liveliness
39. Mouse muncher
41. Canadian musician Ms. MacMaster
42. Chasm
44. 1978 movie for Canadian actress Genevieve Bujold
45. American retailer, _ Marcus
48. Two-plus-one's sum
49. Chris de Burgh's "The Lady _ _"
50. Shelled things
51. Woeful word
53. Alimentation Couche-_ Inc. (Canadian convenience store company)
54. Will-_'-_-wisp
56. Library fare, briefly
57. Ms. Landry
58. Polka's pal
59. Ordinal suffix

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Someone in a position of authority can and will help you out over the next 24 hours, if you ask them to. Not even an Aries can do it all by themselves.

Taurus April 21 - May 21
If you have a good idea today you must let others know about it, especially those who can support you and guide you. Sharing what you know is always good business.

Gemini May 22 - June 21
Family matters are under excellent stars at the moment, so if you need to get back on good terms with a loved one now is the time to kiss and make up.

Cancer June 22 - July 23
You will have to deal with a difficult person today but are advised not to do anything that could turn them against you. According to the planets you will need this person's assistance very soon.

Leo July 24 - Aug. 23
You will discover something about a friend or work colleague today that answers a lot of questions. What you discover might be amusing but you are advised to keep it to yourself.

Virgo Aug. 24 - Sept. 23
You need to make your peace with someone you have fallen out with in recent weeks. The planets suggest that if you make the effort you won't be disappointed.

Libra Sept. 24 - Oct. 23
Open up and reveal your true feelings today. If you are not happy with something, or someone, then say so. Don't make it hard for others to read your mood.

Scorpio Oct. 24 - Nov. 22
Someone older and wiser will give you some valuable advice today and if you are smart you will take it. You may be doing well but you could be doing even better.

Sagittarius Nov. 23 - Dec. 21
Others may say you are being too careful, and maybe you are, but don't change your ways to please them. Looked at from another perspective, they're taking too many chances.

Capricorn Dec. 22 - Jan. 20
You may want to help someone in need but some people prefer to suffer in silence than admit they need assistance. Respect their wishes.

Aquarius Jan. 21 - Feb. 19
You may be sad that something, or someone, is going out of your life but don't shed too many tears. The good news is that something, or someone, even better will come along to fill it.

Pisces
Feb. 20 - March 20
Your viewpoint on an important issue will change dramatically over the next 48 hours — you may even end up at the opposite end of the opinion spectrum to where you are now.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	5		7		2		9	
6					9			8
2		6						4
			9		3			
8						7		1
7			4					6
	3		1		5		8	

©2013 Conceptis Puzzles. Dist. by King Features Syndicate, Inc.

Everyone's entitled to YOUR opinion

Join the Metro News Online Reader Panel and provide feedback on recent stories, ads, new features and more.

• Answer short, online surveys • Tell us how we're doing • Every completed survey gives you a chance to win a $25 gift card

Sign up at www.Metronews.ca/panel metro

PRECISION TRUCK EVENT

2015 GMC SIERRA 1500 4X4 1SA

DOUBLE CAB LEASE

$145 @ 0% BI-WEEKLY FOR 24 MONTHS▼

$1,445 DOWN PAYMENT. $0 SECURITY DEPOSIT. INCLUDES FREIGHT, PDI, LEVIES, $1,000 LOYALTY CASH,[2] $4,500 CREDIT◆ & $1,000 PDU CREDIT.

CREW CAB LEASE

$155 @ 0% BI-WEEKLY FOR 24 MONTHS▼

$1,850 DOWN PAYMENT. $0 SECURITY DEPOSIT. INCLUDES FREIGHT, PDI, LEVIES, $1,000 LOYALTY CASH,[2] $3,500 CREDIT◆ & $1,000 PDU CREDIT.

On 4G LTE

SIERRA ALL-TERRAIN DOUBLE CAB SHOWN*

2015 GMC ACADIA ALL-WHEEL DRIVE

BI-WEEKLY LEASE

$179 @ 0.9% FOR 48 MONTHS▼

$1,675 DOWN PAYMENT. $0 SECURITY DEPOSIT. INCLUDES FREIGHT, PDI, LEVIES & $750 LOYALTY CASH.[1]

ACADIA SLT-1 SHOWN*

2015 GMC TERRAIN

CASH PURCHASE PRICE

$24,995† On 4G LTE

INCLUDES FREIGHT, PDI, LEVIES, $4,200 CASH CREDIT◆◆ & $750 LOYALTY CASH.,[1]

STEP UP TO THE COMFORT, CONVENIENCE AND CAPABILITY OF THE KODIAK EDITION

$10,000 KODIAK **IN TOTAL VALUE***

INCLUDES: **$4,500** DELIVERY CREDIT, **$2,345** CASH CREDIT, **$2,155** KODIAK PACKAGE DISCOUNT, **$1,000** LOYALTY CASH

KODIAK PACKAGE INCLUDES:

PLUS UP TO $1,500 LOYALTY CASH ON SELECT MODELS[1/2]

On 4G LTE

START CONNECTED. STAY CONNECTED.

Exclusive OnStar 4G LTE Wi-Fi guarantees a fast internet connection within a 15-m radius of your vehicle. Reliable and easy to use, it transforms your GMC into a luxurious, cutting-edge mobile office.

GMC

WE ARE PROFESSIONAL GRADE

TO GUARANTEE OUR QUALITY, WE BACK IT **160,000-KM/5-YEAR** POWERTRAIN WARRANTY

Whichever comes first. See dealer for limited warranty details.▲

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES. Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***

Visit us at: **GMC.GM.CA**

For the latest information, visit us at gmc.gm.ca, drop by your local Buick GMC Dealer or call us at 1-800-GM-DRIVE. ▼Based on a 24/24/48 month lease for 2015 GMC (Sierra 1500 Double Cab 4X4 1SA+G80+H2R+B30/Sierra 1500 Crew Cab 4X4 1SA+G80+B30/Acadia SLE AWD 3SA). Annual kilometre limit of 20,000 km, $0.16 per excess kilometre. OAC by GM Financial. Monthly/Bi-Weekly payments may vary depending on down payment/trade. A down payment or trade of $1,445/$1,850/$1,675 and/or $0 security deposit is required. Total obligation is $9,001/$9,903/$20,331. Option to purchase at lease end is $21,979/$24,427/$20,137. Excess wear and tear and km charges not included. Other lease options available. †Offer applies to the purchase of 2015 GMC Terrain SLE 3SA. ◆$4,500/$3,500 is a manufacturer to dealer delivery credit (tax exclusive) for 2015 GMC Sierra 1500 Double Cab/2015 GMC Sierra 1500 Crew Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ◆◆$4,200 is a manufacturer to dealer delivery credit (tax exclusive) for 2015 GMC Terrain SLE-1 and is reflected in offers in this advertisement. Such credit is available only for cash purchase and by selecting lease or finance offers, consumers are foregoing such credit which will result in higher effective interest rates. Other cash credits available on most models. See dealer for details. ▼/◆/◆◆/***Freight & PDI, ($1,695/$1,695/$1,650/$1,650), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2015 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Buick GMC Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ±2015 Sierra 1500 SLE Double Cab 4WD with GAT, MSRP with freight PDI & levies $45,419. 2015 Acadia AWD SLT-1, MSRP with freight PDI & levies $49,454. Dealers are free to set individual prices. ▲Warranty based on 6-years or 110,000 km, whichever comes first. Fully transferable. See dealer for conditions and limited warranty details. Excludes Medium Duty Trucks. **1**Offer applies to eligible current owners or lessees of any model year 1999 or newer car that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2015 model year Chevrolet/Buick/GMC/Cadillac car, SUV, crossover and pickups models delivered in Canada from April 1, 2015 – April 30, 2015. Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased: $500 credit available on Chevrolet: Spark, Sonic, Cruze, Volt, Trax, Malibu (except LS), Buick Encore and Verano; $750 credit available on other Chevrolet, Buick GMC vehicles (except Chevrolet: Colorado 2SA, Camaro Z28, Malibu LS, Silverado Light Duty and Heavy Duty, GMC: Canyon 2SA, Sierra Light Duty and Heavy Duty); $1,000 credit available on Cadillac vehicles (except 2015 Cadillac Escalade) and $1,000 on all Chevrolet Silverado's and GMC Sierra's. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. GMCL reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice. **2**Offer applies to eligible current owners or lessees of any Pontiac/Saturn/SAAB/Hummer/Oldsmobile model year 1999 or newer car or Chevrolet Cobalt or HHR that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2015 model year Chevrolet/Buick/GMC/Cadillac car, SUV, crossover and pickups models delivered in Canada from April 1, 2015 – April 30, 2015. Credit is a manufacturer to consumer incentive (tax inclusive); $1,000 credit available on Chevrolet: Spark, Sonic, Cruze, Volt, Trax, Malibu (except LS), Buick Encore and Verano; $1,500 credit available on other eligible Chevrolet, Buick, GMC and Cadillac vehicles (except Chevrolet: Colorado 2SA, Camaro Z28, Malibu LS, GMC Canyon 2SA and 2015 Cadillac Escalade). Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. GMCL reserves the right to amend or terminate offers for any reason in whole or in part at any time without prior notice. *$10,000 is a combined total credit consisting of a $4,500 manufacturer-to-dealer delivery credit (tax exclusive), $2,345 Cash Credit (tax exclusive), $1,000 Loyalty Cash (tax inclusive) and a $2,155 manufacturer-to-dealer Kodiak Package Discount Credit (tax exclusive) for 2015 Sierra SLE Kodiak Edition, which is available for cash purchases only and cannot be combined with special lease and finance rates. By selecting lease or finance offers, consumers are foregoing this $2,155 credit, which will result in higher effective interest rates. Discounts vary by model. +Visit onstar.ca for coverage maps, details and system limitations. Services and connectivity may vary by model and conditions. OnStar with 4G LTE connectivity is available on select vehicle models and in select markets. Customers will be able to access OnStar services only if they accept the OnStar User Terms and Privacy Statement. OnStar acts as a link to existing emergency service providers. After the trial period (if applicable), an active OnStar service plan is required.